1  
00:00:01,720 --> 00:00:02,720  
好啦，各位同学  
  
2  
00:00:03,040 --> 00:00:05,440  
咱们的金贵课呢，如期而至  
  
3  
00:00:06,520 --> 00:00:09,560  
今天讲的这个篇目比较短啊  
  
4  
00:00:11,010 --> 00:00:14,010  
金匮要略原文的第19章啊  
  
5  
00:00:14,050 --> 00:00:14,930  
内容并不多  
  
6  
00:00:15,590 --> 00:00:17,550  
如果你看通篇  
  
7  
00:00:18,030 --> 00:00:21,080  
其实呢，一共就八条啊  
  
8  
00:00:21,200 --> 00:00:21,880  
勉勉强强  
  
9  
00:00:21,920 --> 00:00:23,680  
咱们就是这么八条  
  
10  
00:00:24,680 --> 00:00:25,720  
虽然内容短啊  
  
11  
00:00:25,880 --> 00:00:27,120  
但是学问之道呢  
  
12  
00:00:27,360 --> 00:00:28,880  
我们说仰之则弥高  
  
13  
00:00:29,040 --> 00:00:29,920  
俯之则弥坚  
  
14  
00:00:30,690 --> 00:00:33,210  
看你怎么去理解他  
  
15  
00:00:33,980 --> 00:00:34,180  
呃  
  
16  
00:00:34,180 --> 00:00:39,180  
我觉得一开始我在想这一堂课我们是正常这么讲两节  
  
17  
00:00:39,380 --> 00:00:41,100  
还是说一节咱们就能说完  
  
18  
00:00:41,780 --> 00:00:41,980  
呃  
  
19  
00:00:41,980 --> 00:00:45,580  
后来呢，反反复复的看这几个条文啊  
  
20  
00:00:45,580 --> 00:00:48,500  
我觉得真正想把它说清  
  
21  
00:00:49,260 --> 00:00:52,700  
其实还是需要我们坐下来沉下心啊  
  
22  
00:00:52,700 --> 00:00:55,380  
具体从它的来龙去脉去聊一聊啊  
  
23  
00:00:56,230 --> 00:00:58,390  
那么首先到这个题目的时候呢  
  
24  
00:00:58,750 --> 00:01:00,430  
就开始有有意思了啊  
  
25  
00:01:00,430 --> 00:01:01,430  
这个题目叫什么  
  
26  
00:01:01,670 --> 00:01:07,350  
你看夫厥手指臂肿转筋阴狐疝  
  
27  
00:01:07,950 --> 00:01:11,600  
蛔虫病脉证至D19是吧  
  
28  
00:01:12,520 --> 00:01:14,640  
实则我们需要给它做个断句  
  
29  
00:01:16,430 --> 00:01:16,670  
啊  
  
30  
00:01:16,790 --> 00:01:19,590  
咱们一看这里头，他说了好几个事  
  
31  
00:01:19,670 --> 00:01:20,430  
说了几个事呢  
  
32  
00:01:20,430 --> 00:01:21,550  
你看一个一个说啊  
  
33  
00:01:22,190 --> 00:01:25,530  
夫觉这是一个手指臂肿  
  
34  
00:01:25,850 --> 00:01:28,490  
又一个转金  
  
35  
00:01:28,890 --> 00:01:31,970  
又一个阴狐疝断是吧  
  
36  
00:01:32,570 --> 00:01:32,770  
哎  
  
37  
00:01:32,930 --> 00:01:35,050  
最后是回虫这几个事了  
  
38  
00:01:36,820 --> 00:01:38,740  
拢一拢，同学们几个事了  
  
39  
00:01:39,700 --> 00:01:40,420  
五个，哎  
  
40  
00:01:40,420 --> 00:01:41,620  
很好，呃  
  
41  
00:01:41,660 --> 00:01:44,380  
因此这个呢，我们就从头开始捋啊  
  
42  
00:01:44,420 --> 00:01:45,780  
第一个事叫弗爵  
  
43  
00:01:45,820 --> 00:01:47,580  
当然他可能每一个事呢  
  
44  
00:01:48,340 --> 00:01:50,980  
在条文之中只有一条啊  
  
45  
00:01:52,260 --> 00:01:56,090  
比如这个夫觉，这里头就有说法  
  
46  
00:02:02,220 --> 00:02:03,420  
有什么说法呢  
  
47  
00:02:05,660 --> 00:02:08,259  
那么首先是这个第一个字啊，夫字  
  
48  
00:02:10,380 --> 00:02:12,500  
呃，有很多的金贵版本  
  
49  
00:02:12,660 --> 00:02:13,820  
你看了之后呢  
  
50  
00:02:13,820 --> 00:02:16,940  
你会发现他不是做这个字，做什么呢  
  
51  
00:02:16,940 --> 00:02:19,370  
做他这么写的  
  
52  
00:02:22,450 --> 00:02:24,960  
你看中国字啊  
  
53  
00:02:25,160 --> 00:02:26,280  
你就是多一笔  
  
54  
00:02:26,400 --> 00:02:27,960  
它的概念就不一样了  
  
55  
00:02:28,520 --> 00:02:33,720  
我们说前者忽觉夫觉足字旁旁边一个丈夫的夫  
  
56  
00:02:33,720 --> 00:02:34,160  
对吧  
  
57  
00:02:34,720 --> 00:02:36,800  
这个呢，我们讲叫阜阳脉  
  
58  
00:02:37,700 --> 00:02:37,900  
哎  
  
59  
00:02:37,900 --> 00:02:42,580  
咱们说三部九侯，仲景先师的这个三部脉诊啊  
  
60  
00:02:42,620 --> 00:02:45,140  
人迎寸口和阜阳，天地人三侯  
  
61  
00:02:45,180 --> 00:02:46,140  
咱们之前讲过  
  
62  
00:02:46,140 --> 00:02:48,840  
是不是，那么这个夫啊  
  
63  
00:02:48,960 --> 00:02:51,200  
阜阳，他指的这个地方呢  
  
64  
00:02:51,440 --> 00:02:55,330  
那么就是呃脚背的意思啊  
  
65  
00:02:55,970 --> 00:02:56,690  
但是呢  
  
66  
00:02:57,570 --> 00:02:58,250  
这个这个绝  
  
67  
00:02:58,330 --> 00:03:01,090  
当然了，我们说绝的含义啊  
  
68  
00:03:01,210 --> 00:03:02,810  
比如气血不能贯通  
  
69  
00:03:03,610 --> 00:03:06,470  
手脚寒凉等等啊  
  
70  
00:03:06,710 --> 00:03:07,830  
那么呃  
  
71  
00:03:09,230 --> 00:03:11,470  
机关血气不得用  
  
72  
00:03:12,580 --> 00:03:13,940  
那么我们可以称之为绝  
  
73  
00:03:15,180 --> 00:03:19,680  
那么夫爵夫觉那在这到底是什么含义呢  
  
74  
00:03:19,800 --> 00:03:23,280  
后世一家在这个夫上头加了一撇  
  
75  
00:03:24,040 --> 00:03:25,440  
变成了跌倒的爹  
  
76  
00:03:26,240 --> 00:03:27,320  
有很多医家呢  
  
77  
00:03:27,320 --> 00:03:31,120  
那么明确的指出，这个应该就是做跌绝  
  
78  
00:03:31,200 --> 00:03:32,000  
不能叫伏觉  
  
79  
00:03:32,120 --> 00:03:33,080  
跌绝是什么意思啊  
  
80  
00:03:33,440 --> 00:03:35,440  
那么就是跌倒的意思对不对  
  
81  
00:03:35,440 --> 00:03:36,520  
就走路跌倒了  
  
82  
00:03:37,040 --> 00:03:37,240  
呃  
  
83  
00:03:37,560 --> 00:03:40,240  
我呢，也看了历代的朱家  
  
84  
00:03:40,240 --> 00:03:41,360  
包括很多版本  
  
85  
00:03:41,710 --> 00:03:45,550  
包括我们目前的现存的已知最善本吴签本  
  
86  
00:03:45,550 --> 00:03:48,590  
吴签本也是做服务绝啊我，我觉得呢  
  
87  
00:03:48,590 --> 00:03:49,430  
我们还是说  
  
88  
00:03:49,830 --> 00:03:51,990  
呃，要有一个治学的精神啊  
  
89  
00:03:52,070 --> 00:03:53,760  
本着这个相对  
  
90  
00:03:53,760 --> 00:03:57,080  
那你最早的版本肯定是我们比较权威一点啊  
  
91  
00:03:57,080 --> 00:03:59,320  
我们从这个夫觉的角度去理解它啊  
  
92  
00:03:59,320 --> 00:04:01,710  
先不看跌觉，那夫觉是啥意思  
  
93  
00:04:01,710 --> 00:04:02,870  
夫就有一个  
  
94  
00:04:03,950 --> 00:04:07,720  
这个呃一个含义啊  
  
95  
00:04:07,960 --> 00:04:09,440  
就是脚的意思  
  
96  
00:04:10,850 --> 00:04:11,370  
绝呢  
  
97  
00:04:11,450 --> 00:04:12,170  
我们可以讲  
  
98  
00:04:12,730 --> 00:04:15,690  
你说是无论是气血不贯通  
  
99  
00:04:16,110 --> 00:04:18,269  
还是说四肢适用  
  
100  
00:04:18,390 --> 00:04:18,950  
对不对啊  
  
101  
00:04:19,550 --> 00:04:22,930  
那么连起来很简单  
  
102  
00:04:23,610 --> 00:04:25,610  
脚不听使唤  
  
103  
00:04:26,770 --> 00:04:28,210  
或者叫脚不好使  
  
104  
00:04:28,960 --> 00:04:29,160  
哎  
  
105  
00:04:29,160 --> 00:04:31,240  
那么什么时候脚不听使唤呢  
  
106  
00:04:32,120 --> 00:04:33,800  
其实我们细琢磨啊  
  
107  
00:04:33,800 --> 00:04:36,480  
在临床中有很多情况啊  
  
108  
00:04:36,480 --> 00:04:40,040  
你比如说这个人走路振振欲辟地是不是啊  
  
109  
00:04:40,440 --> 00:04:42,600  
包括有一些呃脑梗啊  
  
110  
00:04:43,000 --> 00:04:43,640  
中风啊  
  
111  
00:04:44,040 --> 00:04:46,080  
后遗症等等都会出现这种问题  
  
112  
00:04:46,080 --> 00:04:47,470  
他脚不好使  
  
113  
00:04:47,470 --> 00:04:49,990  
包括很多伪证和B证啊  
  
114  
00:04:49,990 --> 00:04:52,590  
那么我们结合条文来梳理啊  
  
115  
00:04:52,790 --> 00:04:53,710  
从条文来看  
  
116  
00:04:55,080 --> 00:04:56,440  
呃条文是这么讲的  
  
117  
00:04:57,000 --> 00:04:58,680  
原文第一条失约  
  
118  
00:04:58,960 --> 00:05:03,250  
那么它是一个呃师师傅的传授啊  
  
119  
00:05:03,330 --> 00:05:06,850  
在这讲夫师曰病夫觉  
  
120  
00:05:08,370 --> 00:05:11,130  
其人但能潜，不能却  
  
121  
00:05:12,940 --> 00:05:13,860  
这是啥意思呢  
  
122  
00:05:13,940 --> 00:05:14,140  
啊  
  
123  
00:05:14,180 --> 00:05:16,580  
什么叫但能前不能确呢  
  
124  
00:05:18,500 --> 00:05:20,660  
走路啊，走路怎么样呢  
  
125  
00:05:21,990 --> 00:05:24,710  
能往前走对吧  
  
126  
00:05:25,110 --> 00:05:26,590  
倒车不好使了啊  
  
127  
00:05:26,590 --> 00:05:27,590  
你不能往后退  
  
128  
00:05:29,820 --> 00:05:32,940  
这样的话其实意思就很简单了啊  
  
129  
00:05:33,620 --> 00:05:37,820  
根据我们说现代的啊，运动医学  
  
130  
00:05:39,600 --> 00:05:42,120  
或者说从解剖的这个角度来说啊  
  
131  
00:05:42,730 --> 00:05:45,090  
我们知道人往前走啊  
  
132  
00:05:45,610 --> 00:05:49,370  
相对来说就是腿正前方的这个肌肉  
  
133  
00:05:49,980 --> 00:05:52,300  
它能够收缩，能支撑是不是啊  
  
134  
00:05:52,540 --> 00:05:54,700  
所以他能往前走，往后退呢  
  
135  
00:05:54,700 --> 00:05:55,740  
则相反啊  
  
136  
00:05:56,180 --> 00:05:59,220  
它相反，是这个腿后侧的  
  
137  
00:05:59,220 --> 00:06:00,460  
也就是呃  
  
138  
00:06:01,450 --> 00:06:04,410  
大腿后侧臀裹对吧  
  
139  
00:06:04,610 --> 00:06:09,080  
骨就是这一系的肌肉能够收缩，能紧张啊  
  
140  
00:06:09,080 --> 00:06:10,960  
那么就是它是有前有后  
  
141  
00:06:11,440 --> 00:06:13,840  
还原到我们中医经典  
  
142  
00:06:14,080 --> 00:06:15,720  
其实我们都知道，呃  
  
143  
00:06:15,840 --> 00:06:17,750  
经脉清迈  
  
144  
00:06:17,790 --> 00:06:19,710  
那前头是足阳明  
  
145  
00:06:20,350 --> 00:06:20,950  
后头呢  
  
146  
00:06:20,990 --> 00:06:21,550  
足太阳  
  
147  
00:06:22,190 --> 00:06:23,670  
因此你琢磨吧  
  
148  
00:06:23,750 --> 00:06:24,790  
它能往前走  
  
149  
00:06:25,270 --> 00:06:28,810  
说明足阳明没问题啊  
  
150  
00:06:29,010 --> 00:06:31,050  
足阳明，他是比较流畅的  
  
151  
00:06:31,090 --> 00:06:32,330  
这个哎  
  
152  
00:06:33,730 --> 00:06:37,690  
三里内庭这一系，他是他是收缩有力啊  
  
153  
00:06:37,690 --> 00:06:40,090  
他能够收缩，它没问题  
  
154  
00:06:40,450 --> 00:06:41,450  
哪儿出问题了呢  
  
155  
00:06:41,450 --> 00:06:43,510  
那肯定是后头啊啊  
  
156  
00:06:43,590 --> 00:06:46,950  
后头尾中啊成山啊，这这这这这一溜  
  
157  
00:06:47,980 --> 00:06:49,380  
有问题啊  
  
158  
00:06:49,540 --> 00:06:51,780  
所以说呢，怎么办  
  
159  
00:06:53,490 --> 00:06:55,490  
赐这个字，怎么念这个字  
  
160  
00:06:55,490 --> 00:06:56,370  
念善啊  
  
161  
00:06:57,450 --> 00:06:58,970  
刺，善入二寸  
  
162  
00:07:00,480 --> 00:07:02,160  
呃，那么这个是个什么地方啊  
  
163  
00:07:03,040 --> 00:07:03,480  
善呢  
  
164  
00:07:04,080 --> 00:07:07,320  
它是简写这个名词啊  
  
165  
00:07:07,920 --> 00:07:08,920  
他是个穴位  
  
166  
00:07:15,960 --> 00:07:18,080  
擅长啊长字  
  
167  
00:07:18,280 --> 00:07:20,780  
长字的长擅长，呃  
  
168  
00:07:21,300 --> 00:07:22,340  
说这个擅长呢  
  
169  
00:07:22,340 --> 00:07:23,540  
很多人就懵了  
  
170  
00:07:23,700 --> 00:07:25,180  
其实他还有一个名字  
  
171  
00:07:25,460 --> 00:07:28,380  
这个穴位叫成金啊  
  
172  
00:07:35,100 --> 00:07:35,300  
啊  
  
173  
00:07:36,180 --> 00:07:37,340  
这个穴位在哪呢  
  
174  
00:07:38,500 --> 00:07:41,740  
尾中下五寸啊  
  
175  
00:07:42,840 --> 00:07:43,960  
那么位置呢  
  
176  
00:07:43,960 --> 00:07:45,680  
比成山还要高啊  
  
177  
00:07:46,200 --> 00:07:48,320  
尾中下五寸这么一个地方  
  
178  
00:07:48,960 --> 00:07:51,280  
呃，刺扇入二寸  
  
179  
00:07:53,040 --> 00:07:54,400  
这个穴位呢本身啊  
  
180  
00:07:54,400 --> 00:07:56,240  
它出自于甲乙经啊  
  
181  
00:07:56,240 --> 00:07:58,800  
甲易经之中，对他有记载啊  
  
182  
00:07:58,920 --> 00:08:00,640  
霍乱静闭不仁  
  
183  
00:08:01,490 --> 00:08:02,810  
那么霍乱病之后呢  
  
184  
00:08:03,850 --> 00:08:04,930  
这个造成的  
  
185  
00:08:05,510 --> 00:08:07,470  
呃，颈颈就是胫骨对不对啊  
  
186  
00:08:07,630 --> 00:08:09,800  
胫骨出现了痹症啊  
  
187  
00:08:10,320 --> 00:08:11,600  
闭症不仁啊  
  
188  
00:08:11,640 --> 00:08:13,840  
没有知觉那么不好使了  
  
189  
00:08:14,400 --> 00:08:16,120  
这个时候成金主治啊  
  
190  
00:08:16,200 --> 00:08:19,610  
调动这个太阳经的血气  
  
191  
00:08:20,570 --> 00:08:23,700  
后世医家呢，对他又有了诸多的补充  
  
192  
00:08:23,780 --> 00:08:26,840  
比如有一家认为啊，程金穴呢  
  
193  
00:08:26,840 --> 00:08:27,760  
他为什么用它  
  
194  
00:08:27,840 --> 00:08:29,160  
它是很有道理的啊  
  
195  
00:08:29,440 --> 00:08:30,240  
很有道理的  
  
196  
00:08:30,520 --> 00:08:34,539  
有一家认为三阳在这儿发生关联  
  
197  
00:08:34,620 --> 00:08:35,460  
你注意我的用词  
  
198  
00:08:35,460 --> 00:08:36,780  
我没说三阳交汇  
  
199  
00:08:37,429 --> 00:08:39,789  
你在这个经脉循行上你看不见  
  
200  
00:08:39,789 --> 00:08:42,659  
他们仨在这儿是焦点交不上  
  
201  
00:08:43,020 --> 00:08:44,020  
但是这呢  
  
202  
00:08:44,020 --> 00:08:46,660  
得到少阳阳明经气，它离它比较近  
  
203  
00:08:46,780 --> 00:08:47,740  
大家懂啥意思了吧  
  
204  
00:08:47,940 --> 00:08:52,320  
就这比较有热量啊，这个经络穴位啊  
  
205  
00:08:52,320 --> 00:08:55,200  
为啥我经常跟同学们强调说都要熟  
  
206  
00:08:55,600 --> 00:08:58,650  
包括你们也知道我诊室想来跟诊  
  
207  
00:08:58,810 --> 00:09:00,370  
我的学生是有门槛的  
  
208  
00:09:00,890 --> 00:09:03,010  
其中门槛之一就是呃  
  
209  
00:09:03,050 --> 00:09:06,130  
要求就是灵枢经脉12经循行，倒背如流  
  
210  
00:09:06,560 --> 00:09:08,400  
原因是要不你来了也白来  
  
211  
00:09:08,400 --> 00:09:09,840  
你就光看热闹了是吧  
  
212  
00:09:10,160 --> 00:09:10,400  
哎  
  
213  
00:09:10,400 --> 00:09:11,120  
光看热闹了  
  
214  
00:09:11,120 --> 00:09:13,760  
那么这个中医有没有解剖学一定是有的  
  
215  
00:09:14,040 --> 00:09:16,800  
就是你得把这个经络你必须得熟悉啊  
  
216  
00:09:17,200 --> 00:09:19,450  
那么这就相当于什么就是我  
  
217  
00:09:19,450 --> 00:09:21,890  
我光跟你讲怎么用兵，怎么打仗  
  
218  
00:09:22,330 --> 00:09:23,970  
你连地形都不知道  
  
219  
00:09:25,010 --> 00:09:25,330  
对吧  
  
220  
00:09:25,570 --> 00:09:29,930  
你甚至都不知道咱打比方就像是海  
  
221  
00:09:30,010 --> 00:09:31,650  
海上这个这个制海权  
  
222  
00:09:32,170 --> 00:09:35,210  
你都不知道山东那个地理位置是什么概念  
  
223  
00:09:35,650 --> 00:09:39,960  
你都不知道厦门这个战略的地位是什么  
  
224  
00:09:40,520 --> 00:09:44,480  
那我跟你说军事，那就是咱就是扯淡呢  
  
225  
00:09:44,480 --> 00:09:44,840  
对吧  
  
226  
00:09:45,390 --> 00:09:46,510  
就这一个道理  
  
227  
00:09:46,510 --> 00:09:50,630  
那么这个穴位它虽然不与阳明、少阳交汇  
  
228  
00:09:50,630 --> 00:09:53,390  
但是它离这两个点是最近的  
  
229  
00:09:53,940 --> 00:09:54,900  
因此这儿呢  
  
230  
00:09:54,900 --> 00:09:59,460  
相对来说就能调动阳明、少阳的热量和气血  
  
231  
00:09:59,460 --> 00:10:03,610  
让它能够让少阳阳明两经去贯通太阳  
  
232  
00:10:03,610 --> 00:10:04,370  
大家明白了吧  
  
233  
00:10:04,650 --> 00:10:06,250  
就我这离他俩近  
  
234  
00:10:06,290 --> 00:10:09,850  
我在这借这个少阳阳明之势，我就能借的着  
  
235  
00:10:10,660 --> 00:10:12,020  
就相对来说能借的着  
  
236  
00:10:12,340 --> 00:10:14,340  
因此后世医家呢，也有一些注释  
  
237  
00:10:14,340 --> 00:10:17,060  
你比如说这个黄树增先生啊  
  
238  
00:10:17,140 --> 00:10:20,310  
我们建国之后的金龟，呃  
  
239  
00:10:20,310 --> 00:10:21,310  
金龟大家啊  
  
240  
00:10:21,310 --> 00:10:25,350  
那他就认为这个太阳与阳明在这相会合  
  
241  
00:10:25,950 --> 00:10:26,230  
呃  
  
242  
00:10:26,530 --> 00:10:28,530  
这么说呢，也不算毛病  
  
243  
00:10:28,530 --> 00:10:30,530  
因为他没说在这相交汇，对不对啊  
  
244  
00:10:30,810 --> 00:10:33,370  
所以黄先生认为说这能贯通  
  
245  
00:10:34,170 --> 00:10:35,410  
呃，原话我不记得了  
  
246  
00:10:35,410 --> 00:10:37,850  
大概意思就是贯通这个两经的气血  
  
247  
00:10:39,020 --> 00:10:40,980  
能让它哎能够贯通  
  
248  
00:10:41,560 --> 00:10:41,760  
呃  
  
249  
00:10:41,840 --> 00:10:45,000  
它的原理其实就是我跟大家说的穴位啊  
  
250  
00:10:45,240 --> 00:10:47,040  
你一定要明白对吧  
  
251  
00:10:47,120 --> 00:10:52,180  
那么每每为啥12经让你反复的呃呃去去熟悉它  
  
252  
00:10:52,180 --> 00:10:53,420  
我之前给大家讲过  
  
253  
00:10:54,460 --> 00:10:57,100  
在杭州讲过内经，大家还记得吧  
  
254  
00:10:57,540 --> 00:10:59,860  
那么那一段儿，这个内经讲授  
  
255  
00:10:59,980 --> 00:11:04,720  
实际上当时里头就有关于12经详细的出入  
  
256  
00:11:04,840 --> 00:11:07,080  
包括奇经八脉的这个体用关系  
  
257  
00:11:07,080 --> 00:11:09,170  
在里头讲的都很细啊  
  
258  
00:11:09,450 --> 00:11:11,690  
太阳与阳明之精，它是什么关系  
  
259  
00:11:11,690 --> 00:11:12,970  
他为啥有这种关系  
  
260  
00:11:13,410 --> 00:11:15,010  
它所有的理论啊  
  
261  
00:11:15,010 --> 00:11:16,890  
中医里头所有的五行生克也好啊  
  
262  
00:11:16,890 --> 00:11:17,450  
还是脏腑  
  
263  
00:11:17,810 --> 00:11:19,850  
还是说这个标本中气也罢  
  
264  
00:11:20,370 --> 00:11:23,840  
在物质层面它一定是有痕迹的  
  
265  
00:11:25,320 --> 00:11:25,720  
对吧  
  
266  
00:11:26,090 --> 00:11:28,130  
那你你比如说这个阳明  
  
267  
00:11:28,210 --> 00:11:29,810  
你怎么旁约太阳之脉  
  
268  
00:11:30,170 --> 00:11:33,400  
那么他俩只有在静脉上，他俩能搭上  
  
269  
00:11:33,720 --> 00:11:38,260  
实际上他俩在阴阳五行就是这么讲，叫三位一体嘛  
  
270  
00:11:38,500 --> 00:11:41,540  
我们说高维度的这种关系  
  
271  
00:11:41,880 --> 00:11:44,560  
在相对的中间维度和低维度  
  
272  
00:11:44,600 --> 00:11:47,520  
一定是有有有映射有投影的  
  
273  
00:11:47,720 --> 00:11:50,890  
那么静脉是很多这种东西的客观投影啊  
  
274  
00:11:50,890 --> 00:11:51,770  
我们讲这个道理  
  
275  
00:11:51,770 --> 00:11:53,210  
所以大家今天呢  
  
276  
00:11:53,210 --> 00:11:55,210  
一个是又多知道一个穴位，对吧  
  
277  
00:11:55,210 --> 00:11:56,940  
这个穴位叫承金啊  
  
278  
00:11:57,060 --> 00:11:58,620  
这个古称擅长啊  
  
279  
00:11:58,620 --> 00:11:59,860  
出自于甲乙经第二  
  
280  
00:12:00,180 --> 00:12:02,980  
他的战略的意义为什么刺这  
  
281  
00:12:03,300 --> 00:12:05,180  
仲景先师，你说他不懂针灸吗  
  
282  
00:12:05,620 --> 00:12:06,260  
这不可能吧  
  
283  
00:12:06,260 --> 00:12:07,140  
他为什么刺这  
  
284  
00:12:07,140 --> 00:12:10,060  
因为这跟哪两个经最近啊  
  
285  
00:12:10,670 --> 00:12:12,710  
一个是邵阳，一个是阳明  
  
286  
00:12:13,390 --> 00:12:15,230  
哎，足少阳足阳明跟着他俩近  
  
287  
00:12:15,230 --> 00:12:17,470  
跟他俩进之后，我太阳不好使了  
  
288  
00:12:17,990 --> 00:12:19,990  
我肯定得跟我亲戚去借兵啊  
  
289  
00:12:19,990 --> 00:12:20,950  
是不是这个道理啊  
  
290  
00:12:21,360 --> 00:12:22,360  
那去哪借  
  
291  
00:12:22,360 --> 00:12:23,760  
我不能在大山里喊吧  
  
292  
00:12:23,800 --> 00:12:25,460  
那信号好啊，对吧  
  
293  
00:12:25,460 --> 00:12:28,220  
我肯定得找一个有人能看见我的地方啊  
  
294  
00:12:28,220 --> 00:12:29,140  
那就在这啊  
  
295  
00:12:29,140 --> 00:12:31,300  
所以中医这里头很玄奥  
  
296  
00:12:31,380 --> 00:12:32,540  
非常有意思啊  
  
297  
00:12:33,260 --> 00:12:33,460  
呃  
  
298  
00:12:33,500 --> 00:12:36,020  
那么这呢，就是关于这个夫爵  
  
299  
00:12:36,180 --> 00:12:38,020  
他其他的记载不多啊  
  
300  
00:12:38,100 --> 00:12:41,500  
因此我们就呃到这接着往下看啊  
  
301  
00:12:43,390 --> 00:12:44,390  
下一个条文啊  
  
302  
00:12:44,390 --> 00:12:46,550  
第二条我们这个很少啊  
  
303  
00:12:46,550 --> 00:12:47,390  
一共就八条  
  
304  
00:12:47,880 --> 00:12:50,000  
而且第七和第八呢，其实还有争议  
  
305  
00:12:50,040 --> 00:12:52,280  
他俩可以本来是可以是一条的啊  
  
306  
00:12:52,840 --> 00:12:54,080  
那么第二条是这么说的  
  
307  
00:12:55,360 --> 00:12:57,200  
病人常常怎么样呢  
  
308  
00:12:57,240 --> 00:12:58,160  
乙，你看啊  
  
309  
00:12:58,760 --> 00:12:59,440  
手指臂  
  
310  
00:13:01,040 --> 00:13:02,760  
总动啊  
  
311  
00:13:04,270 --> 00:13:06,670  
首先首先是手手的什么呢  
  
312  
00:13:06,910 --> 00:13:09,150  
指手指和手臂肿  
  
313  
00:13:10,550 --> 00:13:14,110  
呃，这个动动是啥意思呢  
  
314  
00:13:14,430 --> 00:13:17,150  
其实我们就是说因为后文有一句话  
  
315  
00:13:17,630 --> 00:13:22,660  
就此人身体这个读法当然不一样啊  
  
316  
00:13:22,700 --> 00:13:27,420  
我们一般我们学校讲伤寒的时候读读顺是不是  
  
317  
00:13:27,800 --> 00:13:30,440  
但是也有医家认为这个应该读伦  
  
318  
00:13:31,240 --> 00:13:32,640  
呃，不重要啊  
  
319  
00:13:32,720 --> 00:13:36,430  
总之他这种动呢，就是一种跳动啊  
  
320  
00:13:36,430 --> 00:13:37,630  
那么这种跳动呢  
  
321  
00:13:37,910 --> 00:13:41,190  
实际上我一说这个大家肯定是会有印象  
  
322  
00:13:41,190 --> 00:13:44,620  
你就像前两天咱们门诊就有这种啊  
  
323  
00:13:44,700 --> 00:13:45,940  
有好好几位是吧  
  
324  
00:13:45,940 --> 00:13:48,120  
一来之后要脱衣服  
  
325  
00:13:48,120 --> 00:13:50,560  
有的时候我门诊的患者来了  
  
326  
00:13:50,960 --> 00:13:52,400  
一般我们都让他脱外套  
  
327  
00:13:52,920 --> 00:13:54,850  
但有的时候不好脱  
  
328  
00:13:55,010 --> 00:13:55,410  
为啥  
  
329  
00:13:55,410 --> 00:13:57,970  
因为手肿是吧，你整个胳膊都肿起来  
  
330  
00:13:57,970 --> 00:13:59,610  
各种原因的都有啊  
  
331  
00:13:59,610 --> 00:14:02,090  
比如说一些站位造成的呀  
  
332  
00:14:02,090 --> 00:14:04,300  
包括呃，肾病等等啊  
  
333  
00:14:04,300 --> 00:14:07,300  
很多原因，那么造成都会有的时候手特别肿  
  
334  
00:14:07,660 --> 00:14:08,580  
那他这个呢  
  
335  
00:14:08,700 --> 00:14:12,970  
告诉你肿了之后你就观察他的身体润润  
  
336  
00:14:13,330 --> 00:14:17,530  
而且手指臂肿，还有一个动字动跟那个轮是一回事  
  
337  
00:14:17,810 --> 00:14:19,370  
代表的都是一种跳动  
  
338  
00:14:20,040 --> 00:14:23,720  
那么这种跳动是怎么来的啊  
  
339  
00:14:23,760 --> 00:14:25,920  
我们说呃，所谓  
  
340  
00:14:27,760 --> 00:14:31,920  
这种洞在中医的取向上啊  
  
341  
00:14:32,000 --> 00:14:34,400  
我们说它应该是一个什么象啊  
  
342  
00:14:35,980 --> 00:14:37,860  
封相封相对吧  
  
343  
00:14:38,100 --> 00:14:43,020  
咱们当时讲这个伤寒的时候聊到真武汤  
  
344  
00:14:43,810 --> 00:14:44,410  
还记得吧  
  
345  
00:14:44,450 --> 00:14:46,130  
我就跟大家说过一个问题啊  
  
346  
00:14:46,650 --> 00:14:49,930  
那么太阳病发汗啊  
  
347  
00:14:50,050 --> 00:14:51,290  
其实仍发热对吧  
  
348  
00:14:51,610 --> 00:14:55,570  
心夏季头悬什么身轮动，或者叫顺动  
  
349  
00:14:55,610 --> 00:14:56,490  
振振于pd  
  
350  
00:14:56,770 --> 00:15:00,810  
那么这个所谓真武汤当时呃，简单穿一下啊  
  
351  
00:15:00,850 --> 00:15:02,050  
商金贵，咱们简单串一下  
  
352  
00:15:02,050 --> 00:15:03,690  
因为跟他是有一定关联的啊  
  
353  
00:15:03,850 --> 00:15:07,400  
虽然定级不一样，定级他完完全它不一样  
  
354  
00:15:08,120 --> 00:15:11,200  
呃，那么真武的那个洞是咋回事  
  
355  
00:15:11,840 --> 00:15:14,060  
他肯定是封，肯定是风  
  
356  
00:15:14,060 --> 00:15:15,300  
那么这个风咋来的  
  
357  
00:15:15,820 --> 00:15:16,380  
其实呢  
  
358  
00:15:16,420 --> 00:15:18,670  
就是因为阳虚之后  
  
359  
00:15:18,710 --> 00:15:21,310  
我们从头从它的来龙去脉开始捋啊  
  
360  
00:15:21,710 --> 00:15:22,790  
一开始是阳虚  
  
361  
00:15:23,230 --> 00:15:24,630  
阳虚之后造成什么呀  
  
362  
00:15:25,440 --> 00:15:29,560  
我们捋一下这个阳区造成什么东西，水泛  
  
363  
00:15:29,840 --> 00:15:30,400  
哎，很好  
  
364  
00:15:31,040 --> 00:15:33,480  
这个水是阴水还是阳水  
  
365  
00:15:35,230 --> 00:15:36,030  
它是阴水吧  
  
366  
00:15:36,390 --> 00:15:38,030  
它属于没有真气的水  
  
367  
00:15:38,070 --> 00:15:38,790  
它属于阴水  
  
368  
00:15:39,110 --> 00:15:40,350  
阴水能不能含木  
  
369  
00:15:41,580 --> 00:15:44,620  
逆水不能含木，木怎么样就画风  
  
370  
00:15:45,500 --> 00:15:49,180  
所以说真武汤他最后一定要加芍药  
  
371  
00:15:49,950 --> 00:15:50,990  
就是这个意思啊  
  
372  
00:15:51,150 --> 00:15:53,710  
你既要解决先机也要解决后机  
  
373  
00:15:53,870 --> 00:15:56,370  
既要了因也要聊果啊  
  
374  
00:15:56,370 --> 00:15:58,490  
你别看仲景的方就那么几味药啊  
  
375  
00:15:58,490 --> 00:16:01,130  
他里头事情交代的明明白白啊  
  
376  
00:16:01,130 --> 00:16:02,770  
来龙去脉交代的明明白白  
  
377  
00:16:03,250 --> 00:16:08,090  
要不说真的伤寒论你阅读你看我教伤寒论啊  
  
378  
00:16:09,090 --> 00:16:12,210  
到现在也也是10年有余了  
  
379  
00:16:12,210 --> 00:16:14,450  
现在从13年算吧对吧  
  
380  
00:16:14,450 --> 00:16:16,410  
到现在今年223年了啊  
  
381  
00:16:16,850 --> 00:16:17,610  
10年挂龄  
  
382  
00:16:18,710 --> 00:16:18,910  
呃  
  
383  
00:16:19,110 --> 00:16:20,190  
真的就是这个东西  
  
384  
00:16:20,190 --> 00:16:22,990  
真的就跟古人的这个书法一样啊  
  
385  
00:16:23,630 --> 00:16:24,830  
字字珠玑  
  
386  
00:16:24,830 --> 00:16:28,470  
你看那个当年王羲之快雪时晴帖对吧  
  
387  
00:16:28,470 --> 00:16:29,470  
就20几个字  
  
388  
00:16:30,020 --> 00:16:33,590  
你最后看每个字都舒服啊  
  
389  
00:16:33,590 --> 00:16:37,710  
每个字拿出来就是就是如同范本啊  
  
390  
00:16:37,710 --> 00:16:40,700  
古人讲就是如同丽珠啊  
  
391  
00:16:40,700 --> 00:16:42,220  
就像这个珍珠一样啊  
  
392  
00:16:43,460 --> 00:16:45,500  
伤寒论也是就这几个小方子啊  
  
393  
00:16:45,500 --> 00:16:48,440  
你打开之后你发现面面俱到啊  
  
394  
00:16:48,880 --> 00:16:50,920  
丝丝入扣那么这块呢  
  
395  
00:16:50,920 --> 00:16:52,520  
首先它跟它有相通之处  
  
396  
00:16:52,520 --> 00:16:54,440  
它是有风，有风的  
  
397  
00:16:54,440 --> 00:16:54,880  
同时  
  
398  
00:16:56,330 --> 00:16:57,730  
这个风是咋来的呢  
  
399  
00:16:58,170 --> 00:16:59,850  
那么我们说手指币种  
  
400  
00:17:00,300 --> 00:17:02,540  
呃，这个在临床上我们见得很多  
  
401  
00:17:02,580 --> 00:17:04,740  
这人一定是手肿的，跟大馒头似的  
  
402  
00:17:04,740 --> 00:17:05,099  
对吧  
  
403  
00:17:05,690 --> 00:17:06,329  
你一看呢  
  
404  
00:17:06,569 --> 00:17:07,770  
基本上手掌吧  
  
405  
00:17:07,970 --> 00:17:09,810  
他当然肿，都是肿起来  
  
406  
00:17:09,970 --> 00:17:14,579  
但是它最大的特征往往是手背像个大馒头，对吧  
  
407  
00:17:14,660 --> 00:17:17,619  
手背像个大馒头，然后锃亮这种  
  
408  
00:17:17,819 --> 00:17:19,900  
那么我们说这个鲸是什么鲸啊  
  
409  
00:17:22,099 --> 00:17:22,819  
手阳明吗  
  
410  
00:17:23,619 --> 00:17:27,869  
你翻过来手太阴，太阴阳明啊  
  
411  
00:17:27,910 --> 00:17:29,870  
我们说太阴阳明，手阳明  
  
412  
00:17:29,870 --> 00:17:32,740  
手太阴阳明，主肌肉啊  
  
413  
00:17:33,100 --> 00:17:35,820  
因此他的这个病机呃我  
  
414  
00:17:35,940 --> 00:17:38,740  
我翻了，也是这个历代的朱家啊  
  
415  
00:17:39,660 --> 00:17:39,940  
呃  
  
416  
00:17:41,600 --> 00:17:42,720  
朱光贝先生啊  
  
417  
00:17:42,800 --> 00:17:44,560  
他住的是尤为精道  
  
418  
00:17:44,640 --> 00:17:45,600  
在这其中啊  
  
419  
00:17:45,600 --> 00:17:46,400  
尤为精道  
  
420  
00:17:46,740 --> 00:17:51,620  
简洁而且直，直接的就是把这个核心内容就给他抓出来  
  
421  
00:17:52,020 --> 00:17:52,220  
呃  
  
422  
00:17:52,340 --> 00:17:53,620  
诸公呢，是这么讲  
  
423  
00:17:53,700 --> 00:17:57,160  
叫扬名风痰上色啊  
  
424  
00:17:57,280 --> 00:17:58,360  
人就说这么几个字  
  
425  
00:17:59,440 --> 00:18:00,240  
非常经典  
  
426  
00:18:01,240 --> 00:18:05,000  
阳明风痰上涩涩  
  
427  
00:18:05,000 --> 00:18:06,320  
就是塞住了，对不对  
  
428  
00:18:06,910 --> 00:18:07,110  
哎  
  
429  
00:18:07,190 --> 00:18:08,430  
阳明的风坛上来了  
  
430  
00:18:08,710 --> 00:18:11,870  
历代医家讲这个基本都从丰台入手  
  
431  
00:18:12,970 --> 00:18:15,010  
也是深合临床这个东西  
  
432  
00:18:15,010 --> 00:18:17,050  
绝对不是说臆想出来的  
  
433  
00:18:17,050 --> 00:18:19,410  
临床之中也是有风痰在上，对不对啊  
  
434  
00:18:20,270 --> 00:18:20,470  
额  
  
435  
00:18:20,590 --> 00:18:23,930  
那么这个遍及周身之后啊  
  
436  
00:18:23,930 --> 00:18:25,810  
他就会出现这种肿痛  
  
437  
00:18:26,330 --> 00:18:28,650  
那么这种肿怎么办啊  
  
438  
00:18:28,650 --> 00:18:30,050  
我们说中医治病啊  
  
439  
00:18:30,090 --> 00:18:32,790  
因势利导，邪在高位呢  
  
440  
00:18:33,470 --> 00:18:35,030  
则法当悦之啊  
  
441  
00:18:35,570 --> 00:18:35,890  
对吧  
  
442  
00:18:35,930 --> 00:18:36,930  
其高者，因而越者  
  
443  
00:18:36,930 --> 00:18:38,850  
那么你就应该应该用吐  
  
444  
00:18:39,290 --> 00:18:40,050  
所以在这呢  
  
445  
00:18:40,050 --> 00:18:42,290  
用了这么一个药，叫藜芦甘草汤  
  
446  
00:18:43,530 --> 00:18:43,730  
呃  
  
447  
00:18:43,810 --> 00:18:45,250  
比较可惜的是呢  
  
448  
00:18:45,250 --> 00:18:48,630  
藜芦甘草汤的方没了啊  
  
449  
00:18:48,670 --> 00:18:49,710  
为啥没了呢  
  
450  
00:18:49,710 --> 00:18:50,870  
原因也很简单啊  
  
451  
00:18:51,190 --> 00:18:54,540  
咱们说金贵这本书本来就是大学士王朱  
  
452  
00:18:54,580 --> 00:18:55,740  
咱们最早说吧  
  
453  
00:18:56,020 --> 00:18:59,540  
在北宋的时候与管格的简读之中  
  
454  
00:19:00,230 --> 00:19:01,190  
翻出来的  
  
455  
00:19:01,190 --> 00:19:02,390  
差点当破烂扔了  
  
456  
00:19:02,390 --> 00:19:03,750  
咱们咱就说这事啊  
  
457  
00:19:04,230 --> 00:19:07,020  
就像我们经常那个前一段有考古，对吧  
  
458  
00:19:07,300 --> 00:19:08,260  
一一堆泥巴  
  
459  
00:19:08,460 --> 00:19:10,420  
考古学家本来说实在挺不住了  
  
460  
00:19:10,420 --> 00:19:11,540  
就是倒腾得了  
  
461  
00:19:11,780 --> 00:19:14,420  
后来发现有一个有一团黑的把它打开  
  
462  
00:19:14,420 --> 00:19:16,200  
最后发现是个竹简，啊  
  
463  
00:19:16,360 --> 00:19:19,120  
有其其实留留点什么东西挺难的  
  
464  
00:19:19,120 --> 00:19:19,680  
同学们啊  
  
465  
00:19:19,760 --> 00:19:20,360  
挺难的  
  
466  
00:19:20,720 --> 00:19:23,120  
那么这个能留下金贵就不错  
  
467  
00:19:23,160 --> 00:19:25,440  
那么中间有的地方你比如说虫子  
  
468  
00:19:25,440 --> 00:19:26,240  
它饿了，对吧  
  
469  
00:19:26,240 --> 00:19:28,200  
虫子们这这这段就给吃了  
  
470  
00:19:28,400 --> 00:19:29,640  
那你就没招了啊  
  
471  
00:19:29,800 --> 00:19:30,640  
那就没办法  
  
472  
00:19:30,640 --> 00:19:33,000  
所以这个方吧，咱们现在看不到了  
  
473  
00:19:33,300 --> 00:19:36,220  
但是根据他的病因病机和这个方名  
  
474  
00:19:36,780 --> 00:19:39,550  
历代医家多有推论啊  
  
475  
00:19:39,550 --> 00:19:41,030  
就是我们是呃  
  
476  
00:19:41,310 --> 00:19:44,830  
给他推敲一下就认为他有可能是什么问题呢  
  
477  
00:19:45,430 --> 00:19:46,150  
猜测啊  
  
478  
00:19:46,710 --> 00:19:49,750  
那么既然是风痰上色  
  
479  
00:19:49,830 --> 00:19:50,910  
我们既然要勇兔  
  
480  
00:19:51,430 --> 00:19:54,990  
那他肯定用藜芦去勇兔是合理的  
  
481  
00:19:55,780 --> 00:19:56,660  
这是合理的  
  
482  
00:19:57,060 --> 00:19:57,660  
离毒呢  
  
483  
00:19:57,900 --> 00:19:58,820  
藜芦这个药呢  
  
484  
00:19:58,820 --> 00:20:00,940  
我们临床中用的不多啊  
  
485  
00:20:00,940 --> 00:20:01,660  
有毒啊  
  
486  
00:20:01,700 --> 00:20:03,340  
它的根系很发达  
  
487  
00:20:03,780 --> 00:20:04,580  
呃，根儿特别多  
  
488  
00:20:04,700 --> 00:20:05,820  
长在岩石之上  
  
489  
00:20:06,100 --> 00:20:07,580  
那么有这种勇兔之效  
  
490  
00:20:08,060 --> 00:20:08,260  
呃  
  
491  
00:20:08,300 --> 00:20:09,260  
根据本经呢  
  
492  
00:20:09,540 --> 00:20:11,020  
其中对它有记载啊  
  
493  
00:20:11,460 --> 00:20:12,140  
主什么呢  
  
494  
00:20:12,300 --> 00:20:14,370  
蛊毒，咳虐啊  
  
495  
00:20:14,410 --> 00:20:16,250  
咳逆泻痢肠辟  
  
496  
00:20:17,050 --> 00:20:19,610  
又能杀猪虫毒去死肌  
  
497  
00:20:20,250 --> 00:20:21,370  
呃，后世医家呢  
  
498  
00:20:21,370 --> 00:20:26,320  
多以这个去死机这个角度来切入到这个条文之中  
  
499  
00:20:26,680 --> 00:20:28,320  
我个人呢，并不服役  
  
500  
00:20:28,360 --> 00:20:30,880  
我觉得这个，呃恐怕不对  
  
501  
00:20:31,200 --> 00:20:35,280  
这个在临床之中我们见的最多的就是往往潭水拥塞，对不对啊  
  
502  
00:20:35,280 --> 00:20:37,690  
三焦不通畅，你要吐一吐吧  
  
503  
00:20:38,090 --> 00:20:39,210  
使其得快利  
  
504  
00:20:39,570 --> 00:20:41,810  
有的时候效果还是很好的  
  
505  
00:20:42,130 --> 00:20:43,770  
但是吐猛了还不行  
  
506  
00:20:43,810 --> 00:20:45,650  
所以这里头一定要有药制约  
  
507  
00:20:45,850 --> 00:20:48,060  
比如甘草，既能治梨露之毒  
  
508  
00:20:48,220 --> 00:20:49,300  
甘则缓之  
  
509  
00:20:49,300 --> 00:20:52,770  
又能防止它吐太过于迅猛  
  
510  
00:20:53,210 --> 00:20:56,170  
但其中是否还有其他的妙笔  
  
511  
00:20:57,060 --> 00:20:57,780  
说句实话  
  
512  
00:20:57,820 --> 00:20:59,740  
仲景之术虽鬼神而不测  
  
513  
00:20:59,860 --> 00:21:01,780  
这个我们不敢妄议啊  
  
514  
00:21:01,780 --> 00:21:04,020  
我不敢就这么说说，那你就猜吧  
  
515  
00:21:04,180 --> 00:21:06,410  
大概就这俩要咱不敢那么讲  
  
516  
00:21:06,530 --> 00:21:09,520  
中间可能真的就是我们很遗憾啊  
  
517  
00:21:09,520 --> 00:21:11,000  
看不见这张方的原貌  
  
518  
00:21:11,320 --> 00:21:13,040  
但是你大概也能知道  
  
519  
00:21:13,320 --> 00:21:16,400  
他用的就是藜芦这种勇吐风痰之效  
  
520  
00:21:17,780 --> 00:21:18,660  
那么说到这呢  
  
521  
00:21:18,660 --> 00:21:21,860  
其实在临床中吧，对我们有一些补充啊  
  
522  
00:21:22,340 --> 00:21:23,420  
呃，有一些启发  
  
523  
00:21:23,870 --> 00:21:25,870  
呃，一个是根据他这个病状  
  
524  
00:21:26,070 --> 00:21:29,430  
我们要考虑到因势利导的这种治疗的大方向  
  
525  
00:21:29,810 --> 00:21:30,370  
第二呢  
  
526  
00:21:30,690 --> 00:21:32,530  
在临床中我们要思考  
  
527  
00:21:32,610 --> 00:21:36,210  
藜芦这味药我们是否可以有很多机会去用  
  
528  
00:21:36,710 --> 00:21:37,990  
呃，在临床之中呢  
  
529  
00:21:38,190 --> 00:21:38,910  
说句实话  
  
530  
00:21:39,190 --> 00:21:44,110  
尤其当代的大环境有很多毒药啊  
  
531  
00:21:44,150 --> 00:21:46,790  
我们在临床中用的确实不多啊  
  
532  
00:21:46,790 --> 00:21:47,670  
用的也不好  
  
533  
00:21:48,070 --> 00:21:50,190  
这个我们要反思啊  
  
534  
00:21:50,190 --> 00:21:54,090  
而且要把很多古人啊遗失的东西我们把它捡回来  
  
535  
00:21:54,450 --> 00:21:56,690  
那这个藜芦呢  
  
536  
00:21:57,090 --> 00:22:01,690  
不单是因为有毒，还因为18反之中标名挂号对吧  
  
537  
00:22:02,050 --> 00:22:05,050  
所以说后世医家对他有的时候投鼠忌器  
  
538  
00:22:05,530 --> 00:22:08,440  
为了避免麻烦干脆我就不用了啊  
  
539  
00:22:08,440 --> 00:22:11,800  
那你说猪身新勺盼李鲁好了好几个，哟呵  
  
540  
00:22:12,010 --> 00:22:13,570  
跟跟他都堵回去了  
  
541  
00:22:13,570 --> 00:22:15,410  
你这方子里头，首先你要开理中汤  
  
542  
00:22:15,410 --> 00:22:16,770  
你就不能开里鲁是吧  
  
543  
00:22:17,010 --> 00:22:18,170  
咱说这个道理啊  
  
544  
00:22:18,530 --> 00:22:18,730  
呃  
  
545  
00:22:18,770 --> 00:22:22,090  
李中堂里头你看那个你开贵士堂你也不能离  
  
546  
00:22:22,090 --> 00:22:23,530  
离离炉他也毙了对吧  
  
547  
00:22:23,890 --> 00:22:25,180  
所以这个事儿，呃  
  
548  
00:22:25,300 --> 00:22:30,470  
我个人曾经在多次跟大家表达过一个我个人的想法  
  
549  
00:22:30,830 --> 00:22:32,790  
18反不等于18禁  
  
550  
00:22:33,470 --> 00:22:34,550  
我说过这个问题吧  
  
551  
00:22:34,870 --> 00:22:36,230  
反和禁是两回事  
  
552  
00:22:36,510 --> 00:22:38,510  
如果你说反就代表不能用  
  
553  
00:22:38,510 --> 00:22:40,110  
那么干脆半夏汤是咋回事  
  
554  
00:22:40,110 --> 00:22:41,390  
你给我解释一下对吧  
  
555  
00:22:41,580 --> 00:22:43,060  
有好多汤药里头  
  
556  
00:22:43,340 --> 00:22:45,460  
那么我们就别说我们了  
  
557  
00:22:45,460 --> 00:22:49,220  
就是我本人在临床上每天都是干脆和甘草一起用的  
  
558  
00:22:49,610 --> 00:22:50,930  
那我们同学我们知道对吧  
  
559  
00:22:51,250 --> 00:22:54,370  
那么在我们临床上那么干碎和甘草每天都一起用  
  
560  
00:22:54,770 --> 00:22:57,940  
那那那那，这玩意民不举官不究呗  
  
561  
00:22:57,940 --> 00:22:58,460  
对吧  
  
562  
00:22:58,700 --> 00:22:59,620  
那没人管啊  
  
563  
00:22:59,860 --> 00:23:01,540  
那效果挺好的嘛啊  
  
564  
00:23:01,540 --> 00:23:02,420  
所以这个东西  
  
565  
00:23:03,500 --> 00:23:07,610  
呃，我个人的想法就是人不能独善其身  
  
566  
00:23:07,730 --> 00:23:09,170  
同学们，我在前头呢  
  
567  
00:23:09,170 --> 00:23:10,890  
反正给我别人我管不了  
  
568  
00:23:10,890 --> 00:23:12,650  
我给我自己的学生打个样  
  
569  
00:23:12,940 --> 00:23:14,620  
就是我们不是要去犯法啊  
  
570  
00:23:14,660 --> 00:23:19,550  
但是我们要用自己的学问治学临床  
  
571  
00:23:19,710 --> 00:23:22,270  
包括我们的对医学的执着  
  
572  
00:23:22,980 --> 00:23:24,780  
去感染周边的人  
  
573  
00:23:24,780 --> 00:23:28,340  
去还原我们很多中医原本的东西  
  
574  
00:23:28,340 --> 00:23:32,050  
这样我们这个生态环境才不会越来越萎缩  
  
575  
00:23:32,490 --> 00:23:34,130  
我告诉你，今天少一个药  
  
576  
00:23:34,170 --> 00:23:35,610  
明天这个药又不让用了  
  
577  
00:23:35,810 --> 00:23:37,290  
后天这个药就没了  
  
578  
00:23:38,030 --> 00:23:39,910  
大后天你就在历史上看见  
  
579  
00:23:41,030 --> 00:23:43,030  
再大后天中医就啥也不是了  
  
580  
00:23:43,030 --> 00:23:43,590  
明白了吗  
  
581  
00:23:43,590 --> 00:23:44,550  
因为你啥也干不了  
  
582  
00:23:44,870 --> 00:23:48,750  
你这个老虎就是在笼子里头吃奶长大的，知道吗  
  
583  
00:23:48,910 --> 00:23:51,480  
你说老虎，他他他能吃肉  
  
584  
00:23:51,480 --> 00:23:52,600  
谁都不信了啊  
  
585  
00:23:52,970 --> 00:23:54,090  
那个时候谁都不信了  
  
586  
00:23:54,330 --> 00:23:55,370  
那责任在谁啊  
  
587  
00:23:55,530 --> 00:23:56,290  
在你我啊  
  
588  
00:23:56,410 --> 00:23:59,930  
所以我们应该好多东西打铁需要本事硬啊  
  
589  
00:23:59,930 --> 00:24:03,360  
同学们给大家还是要提提提提醒啊  
  
590  
00:24:03,400 --> 00:24:03,880  
提提神  
  
591  
00:24:04,920 --> 00:24:05,120  
好  
  
592  
00:24:05,120 --> 00:24:06,200  
我们接着往后看  
  
593  
00:24:07,560 --> 00:24:11,160  
呃第三条第三条，这个特别有意思  
  
594  
00:24:11,160 --> 00:24:12,040  
这个叫转金  
  
595  
00:24:13,100 --> 00:24:15,380  
这个里头能说的东西也很多啊  
  
596  
00:24:15,460 --> 00:24:16,700  
转金治为病  
  
597  
00:24:16,740 --> 00:24:18,180  
那么它单列出来  
  
598  
00:24:18,380 --> 00:24:21,820  
你看这个基本上是一条一个病啊  
  
599  
00:24:22,250 --> 00:24:24,930  
尤其头四条投四条啊  
  
600  
00:24:25,050 --> 00:24:25,850  
一条一个病  
  
601  
00:24:26,690 --> 00:24:29,210  
那么转金之为病，什么叫转金呢  
  
602  
00:24:30,560 --> 00:24:31,400  
什么叫转金呢  
  
603  
00:24:31,400 --> 00:24:31,920  
同学们  
  
604  
00:24:33,820 --> 00:24:34,860  
他说了一个事  
  
605  
00:24:35,660 --> 00:24:37,900  
这个什么叫转接，叫闭角值  
  
606  
00:24:40,080 --> 00:24:41,520  
呃，我们老百姓啊  
  
607  
00:24:41,520 --> 00:24:43,280  
那有的时候有句话叫抽筋  
  
608  
00:24:44,640 --> 00:24:45,520  
抽筋很难受  
  
609  
00:24:45,520 --> 00:24:47,160  
我不知道你们试过没有啊  
  
610  
00:24:48,380 --> 00:24:51,260  
比如游泳的时候就特别怕抽筋  
  
611  
00:24:51,260 --> 00:24:52,820  
抽筋之后它动不了，对不对啊  
  
612  
00:24:52,820 --> 00:24:53,620  
它容易溺水  
  
613  
00:24:54,260 --> 00:24:56,740  
呃，咱们这叫抽筋  
  
614  
00:24:56,940 --> 00:25:00,100  
实际上我认为古人体会跟我们差不多  
  
615  
00:25:00,740 --> 00:25:03,890  
骨头疼肉疼和筋疼，它绝对不一样啊  
  
616  
00:25:04,250 --> 00:25:05,050  
绝对不一样  
  
617  
00:25:05,850 --> 00:25:07,250  
那么这个是不是抽筋呢  
  
618  
00:25:07,250 --> 00:25:09,490  
你得看他那个条纹是咋说的啊  
  
619  
00:25:11,510 --> 00:25:14,670  
其人必较直迈上下行危险  
  
620  
00:25:16,250 --> 00:25:17,650  
这前头是一段啊  
  
621  
00:25:18,250 --> 00:25:19,050  
前头是一段  
  
622  
00:25:19,610 --> 00:25:21,210  
那么这个是个什么病呢  
  
623  
00:25:21,900 --> 00:25:24,180  
其实我们从根上捋啊  
  
624  
00:25:24,780 --> 00:25:26,180  
呃，也很简单啊  
  
625  
00:25:26,180 --> 00:25:27,020  
这是个啥病  
  
626  
00:25:28,290 --> 00:25:29,970  
内经病机19条  
  
627  
00:25:30,210 --> 00:25:33,290  
其中有一句话，珠爆将直皆属于什么啊  
  
628  
00:25:33,740 --> 00:25:36,340  
接水风，他就是个风的问题  
  
629  
00:25:36,340 --> 00:25:36,820  
是不是啊  
  
630  
00:25:36,940 --> 00:25:37,140  
哎  
  
631  
00:25:37,180 --> 00:25:38,060  
僵直之政啊  
  
632  
00:25:38,060 --> 00:25:40,980  
那这个这个是没啥疑问的啊  
  
633  
00:25:41,570 --> 00:25:44,450  
那么是什么原因引起的这种风呢  
  
634  
00:25:45,850 --> 00:25:47,250  
呃，一句话吧  
  
635  
00:25:47,250 --> 00:25:48,130  
一言以蔽之  
  
636  
00:25:48,130 --> 00:25:50,290  
同学们，我就一说你就懂了  
  
637  
00:25:50,890 --> 00:25:55,090  
就一句话，脾土虚而肝木乘之啊  
  
638  
00:25:55,880 --> 00:25:57,000  
你可以把它记下来  
  
639  
00:25:57,120 --> 00:25:59,720  
脾土虚而什么东西称之啊  
  
640  
00:26:00,160 --> 00:26:01,320  
肝木称之  
  
641  
00:26:04,680 --> 00:26:09,080  
那么这就解释了我们很多日常中的这种  
  
642  
00:26:09,120 --> 00:26:12,940  
虽然抽筋他不一定能达到，我们说这种啊  
  
643  
00:26:12,980 --> 00:26:15,740  
转筋入腹都得不治就不行了这种程度  
  
644  
00:26:16,260 --> 00:26:18,400  
但是见微知著啊  
  
645  
00:26:18,480 --> 00:26:21,000  
很多时候你有些东西可以关联啊  
  
646  
00:26:21,000 --> 00:26:25,320  
比如说一些日常中的他这个金酸聚集  
  
647  
00:26:25,640 --> 00:26:26,000  
对吧  
  
648  
00:26:26,480 --> 00:26:27,160  
抽痛  
  
649  
00:26:27,520 --> 00:26:30,320  
那么你也可以观察这个人是否是肝风内动  
  
650  
00:26:30,800 --> 00:26:32,630  
同时呢，脾虚啊  
  
651  
00:26:32,630 --> 00:26:36,680  
那么绝大多数他肯定就是正常情况下  
  
652  
00:26:36,680 --> 00:26:41,000  
他肯定就是因为这个他跑不出病因病机这个里头呢  
  
653  
00:26:41,040 --> 00:26:43,520  
那么也就这个所说呀  
  
654  
00:26:44,630 --> 00:26:47,190  
脾脏正好他是比较虚的啊  
  
655  
00:26:47,310 --> 00:26:48,550  
脾气，脾主肌肉嘛  
  
656  
00:26:48,550 --> 00:26:48,950  
对吧  
  
657  
00:26:50,330 --> 00:26:52,210  
恰恰此时甘风  
  
658  
00:26:53,850 --> 00:26:56,370  
进犯，我们说恰恰在这个时候肝风来犯  
  
659  
00:26:56,690 --> 00:26:58,650  
那么就会出现这种转进之症  
  
660  
00:26:59,120 --> 00:26:59,320  
呃  
  
661  
00:26:59,400 --> 00:27:01,480  
肝呢，本身是主筋的啊  
  
662  
00:27:01,640 --> 00:27:04,320  
肝风风动则筋转啊  
  
663  
00:27:04,320 --> 00:27:07,800  
这个就是所所谓这个珠宝匠之皆属于风的来龙去脉  
  
664  
00:27:08,210 --> 00:27:09,130  
呃，实际上呢  
  
665  
00:27:09,170 --> 00:27:12,770  
那么这个病集找到了，那治该咋治啊  
  
666  
00:27:12,770 --> 00:27:16,730  
后头又有一句话叫转筋入腹者啊  
  
667  
00:27:16,770 --> 00:27:18,610  
那么转筋比较严重了  
  
668  
00:27:18,730 --> 00:27:22,530  
这个最后肚子里头都抽筋了，对吧  
  
669  
00:27:22,530 --> 00:27:23,170  
都到这了  
  
670  
00:27:23,770 --> 00:27:26,410  
那么则用鸡屎白散主治  
  
671  
00:27:28,080 --> 00:27:29,760  
即使白伞从这出来的啊  
  
672  
00:27:31,050 --> 00:27:33,050  
呃，什么叫鸡屎白散  
  
673  
00:27:33,450 --> 00:27:36,250  
首先这个东西它干什么的  
  
674  
00:27:36,250 --> 00:27:38,890  
这块我们就从头到尾要联系一下  
  
675  
00:27:38,890 --> 00:27:41,080  
实际上靠到谁呢  
  
676  
00:27:41,740 --> 00:27:42,060  
素问  
  
677  
00:27:42,060 --> 00:27:44,220  
有一篇叫金匮真言，对吧  
  
678  
00:27:44,740 --> 00:27:44,940  
哎  
  
679  
00:27:44,940 --> 00:27:45,940  
金匮真言之中呢  
  
680  
00:27:45,940 --> 00:27:51,710  
他列举了好多跟东方风木相关联的要素  
  
681  
00:27:52,580 --> 00:27:52,780  
啊  
  
682  
00:27:53,060 --> 00:27:53,260  
其  
  
683  
00:27:53,260 --> 00:27:54,420  
因为绝对吧  
  
684  
00:27:54,740 --> 00:27:54,940  
哎  
  
685  
00:27:55,100 --> 00:27:56,180  
其其味为酸  
  
686  
00:27:56,780 --> 00:27:58,060  
他也说到一个问题  
  
687  
00:27:58,100 --> 00:28:00,500  
其处其处，为什么其处为基  
  
688  
00:28:01,150 --> 00:28:01,350  
哎  
  
689  
00:28:01,350 --> 00:28:04,670  
那么鸡是跟这个干木是相关的  
  
690  
00:28:04,670 --> 00:28:07,750  
你看早上起来这个公鸡打鸣对不对啊  
  
691  
00:28:08,150 --> 00:28:08,350  
哎  
  
692  
00:28:08,470 --> 00:28:10,270  
公鸡一打鸣，太阳就出来了  
  
693  
00:28:10,270 --> 00:28:12,630  
所以他得这个早晨  
  
694  
00:28:13,270 --> 00:28:15,790  
这种这种一阳生发之气  
  
695  
00:28:15,790 --> 00:28:16,670  
它非常足的  
  
696  
00:28:16,670 --> 00:28:18,670  
它就是主干木，呃  
  
697  
00:28:20,260 --> 00:28:22,060  
上映岁星，岁星就是木星嘛  
  
698  
00:28:22,060 --> 00:28:22,340  
对吧  
  
699  
00:28:22,580 --> 00:28:23,700  
哎，这个呃  
  
700  
00:28:23,740 --> 00:28:28,100  
古人观想出一个一个不存在的一个星，跟他运动相反  
  
701  
00:28:28,400 --> 00:28:29,800  
那么称之为太岁啊  
  
702  
00:28:29,800 --> 00:28:31,200  
咱们都都知道啊  
  
703  
00:28:31,840 --> 00:28:32,800  
哎，其数八  
  
704  
00:28:33,040 --> 00:28:36,320  
那么是以治病之在今也啊  
  
705  
00:28:36,560 --> 00:28:39,130  
其秀骚骚啊  
  
706  
00:28:39,130 --> 00:28:40,680  
那么这个是指，呃  
  
707  
00:28:40,680 --> 00:28:43,120  
大家回去看看那个素问金匮真言的原文  
  
708  
00:28:43,120 --> 00:28:45,200  
这里头讲的很很透彻  
  
709  
00:28:45,480 --> 00:28:49,560  
实际上我们在整个伤寒金匮体系之中  
  
710  
00:28:49,800 --> 00:28:52,840  
用动物药，很多都能跟五行相化合  
  
711  
00:28:53,320 --> 00:28:53,640  
对吧  
  
712  
00:28:53,960 --> 00:28:56,870  
比如我们知道火处谁为火处啊  
  
713  
00:28:58,830 --> 00:29:01,370  
五五马未阳是吧  
  
714  
00:29:01,370 --> 00:29:02,370  
午午未啊  
  
715  
00:29:02,370 --> 00:29:04,450  
它这个午为火午火  
  
716  
00:29:04,930 --> 00:29:08,150  
所以这个过去我们经常讲说这个，呃  
  
717  
00:29:08,190 --> 00:29:11,230  
肉从蓉为为这个野马之精  
  
718  
00:29:11,710 --> 00:29:12,390  
德马之精  
  
719  
00:29:12,390 --> 00:29:13,710  
其实他这个不一定说  
  
720  
00:29:13,990 --> 00:29:14,390  
真是  
  
721  
00:29:14,390 --> 00:29:16,700  
我们不要那个，呃  
  
722  
00:29:17,300 --> 00:29:20,700  
片面的认为就是就是真像古人说马经落地则化危  
  
723  
00:29:20,700 --> 00:29:21,100  
若从容  
  
724  
00:29:21,100 --> 00:29:25,830  
那个他跟动物和植物好像不能不能直接转化对吧  
  
725  
00:29:26,070 --> 00:29:27,150  
但我们可以说是什么  
  
726  
00:29:27,150 --> 00:29:31,900  
它得这个天知，我们讲无火之气下降  
  
727  
00:29:32,380 --> 00:29:33,700  
那这个是很正常的嘛  
  
728  
00:29:33,700 --> 00:29:34,620  
这个呃  
  
729  
00:29:34,740 --> 00:29:38,200  
咱们就能能自圆其说啊，啊  
  
730  
00:29:38,200 --> 00:29:39,520  
包括这个犬呢  
  
731  
00:29:40,000 --> 00:29:42,560  
这个为西方金是吧  
  
732  
00:29:43,070 --> 00:29:43,270  
哎  
  
733  
00:29:43,390 --> 00:29:44,830  
牛为土，猪为亥水  
  
734  
00:29:44,870 --> 00:29:50,250  
这个是我们在呃诸多的这个伤寒金匮之中  
  
735  
00:29:50,250 --> 00:29:52,290  
我们总是能碰上你  
  
736  
00:29:52,290 --> 00:29:54,090  
比如说我们猪肺汤啊  
  
737  
00:29:54,090 --> 00:29:55,330  
用它去补水啊  
  
738  
00:29:55,730 --> 00:29:56,490  
作为水脏  
  
739  
00:29:57,070 --> 00:29:58,070  
呃，这个用的很多  
  
740  
00:29:58,830 --> 00:29:59,990  
那么用到这啊  
  
741  
00:30:00,030 --> 00:30:02,070  
首先说为什么用机  
  
742  
00:30:02,980 --> 00:30:06,220  
那么说明他跟这个肝气相通  
  
743  
00:30:06,660 --> 00:30:07,540  
它能治风  
  
744  
00:30:08,260 --> 00:30:09,340  
那么问题来了  
  
745  
00:30:09,820 --> 00:30:11,300  
积的部位有很多  
  
746  
00:30:12,140 --> 00:30:14,260  
比如我们可以用鸡蛋，是不是啊  
  
747  
00:30:14,660 --> 00:30:17,070  
你用鸡子黄，还是姬子青  
  
748  
00:30:17,190 --> 00:30:20,710  
咱们随便你，你你要不愿意用你用鸡蛋壳烧碎的都行  
  
749  
00:30:20,710 --> 00:30:22,270  
为什么一定要用鸡屎呢  
  
750  
00:30:22,940 --> 00:30:23,260  
对吧  
  
751  
00:30:23,380 --> 00:30:25,140  
这个事怎么解释呢  
  
752  
00:30:25,380 --> 00:30:28,140  
实际上我们用即使由来已久  
  
753  
00:30:29,090 --> 00:30:33,530  
用机史最早还真不是上杂病论，大家知道是啥吧  
  
754  
00:30:34,560 --> 00:30:37,560  
对了，内经13方啊  
  
755  
00:30:37,560 --> 00:30:40,520  
我们说内内经里头13张方子方方都好用  
  
756  
00:30:40,880 --> 00:30:44,320  
那么其中的这个呃，第一方啊  
  
757  
00:30:44,440 --> 00:30:46,080  
第一方就是基石里  
  
758  
00:30:46,760 --> 00:30:47,840  
那么基石里呢  
  
759  
00:30:48,410 --> 00:30:52,680  
礼就是我们说过去那个甜酒酿就是那个米酒，知道吧  
  
760  
00:30:52,960 --> 00:30:53,120  
哎  
  
761  
00:30:53,120 --> 00:30:54,920  
就就就那个大大米酿，那个酒  
  
762  
00:30:55,400 --> 00:30:56,520  
用这个大米酿那个酒  
  
763  
00:30:56,520 --> 00:30:57,600  
煮什么东西，煮鸡屎  
  
764  
00:30:58,060 --> 00:30:58,740  
治啥呢  
  
765  
00:30:59,180 --> 00:30:59,820  
治鼓胀  
  
766  
00:31:00,940 --> 00:31:04,940  
我们说中医有有所说的这个四大症，哪四大症啊  
  
767  
00:31:06,760 --> 00:31:11,160  
风劳劳就是这个劳差之症，包括肺痨对吧  
  
768  
00:31:11,680 --> 00:31:13,950  
鼓鼓就是鼓胀，哎  
  
769  
00:31:14,110 --> 00:31:17,350  
丰老骨骼那么四大症，呃  
  
770  
00:31:17,430 --> 00:31:18,510  
那么这个里头呢  
  
771  
00:31:19,640 --> 00:31:21,960  
在素问有一篇叫腹中论啊  
  
772  
00:31:22,000 --> 00:31:24,440  
其中黄帝和岐伯的问答，黄帝问曰  
  
773  
00:31:24,870 --> 00:31:25,910  
有病心腹满  
  
774  
00:31:26,070 --> 00:31:28,870  
但实则不能木，实此为合并  
  
775  
00:31:29,370 --> 00:31:31,290  
那么岐伯对曰，名为鼓刹  
  
776  
00:31:31,690 --> 00:31:33,730  
帝曰，置之奈何咋办啊  
  
777  
00:31:34,330 --> 00:31:34,850  
岐伯曰  
  
778  
00:31:34,930 --> 00:31:36,370  
置之以击十礼  
  
779  
00:31:37,740 --> 00:31:40,660  
一季至二季，这句话从这来的啊  
  
780  
00:31:42,630 --> 00:31:43,990  
致之以什么东西啊  
  
781  
00:31:58,380 --> 00:32:02,420  
这是以鸡食，里里就是甜酒  
  
782  
00:32:02,660 --> 00:32:04,100  
去米酒去煮  
  
783  
00:32:04,620 --> 00:32:05,780  
煮什么东西煮鸡食  
  
784  
00:32:06,310 --> 00:32:07,270  
但这个鸡屎吧  
  
785  
00:32:07,270 --> 00:32:08,750  
你说那老师这玩意好整  
  
786  
00:32:09,190 --> 00:32:09,470  
哼  
  
787  
00:32:09,550 --> 00:32:11,710  
我去直接弄点鸡屎煮了就行  
  
788  
00:32:11,710 --> 00:32:13,470  
我告诉你吃了那都不一定好使  
  
789  
00:32:13,870 --> 00:32:17,690  
为什么哈，鸡屎必须得用基石里哪个部位  
  
790  
00:32:18,200 --> 00:32:18,760  
对  
  
791  
00:32:19,320 --> 00:32:21,960  
就是你看我们这个条纹鸡屎白  
  
792  
00:32:23,160 --> 00:32:24,400  
为啥用鸡屎白  
  
793  
00:32:25,480 --> 00:32:27,240  
古人啊，有好多说法  
  
794  
00:32:27,240 --> 00:32:27,920  
比如说认为  
  
795  
00:32:28,480 --> 00:32:32,410  
呃呃，这个一说起来就是有一点儿  
  
796  
00:32:33,000 --> 00:32:34,760  
当然这个见仁见智啊  
  
797  
00:32:34,920 --> 00:32:36,480  
我我我并不很认同  
  
798  
00:32:36,720 --> 00:32:38,240  
就有人说说他呢  
  
799  
00:32:38,600 --> 00:32:43,230  
就是这个跟这个精液呀  
  
800  
00:32:43,510 --> 00:32:44,430  
就比较接近  
  
801  
00:32:45,350 --> 00:32:49,190  
这个，我个人可能是受现代影响吧  
  
802  
00:32:49,470 --> 00:32:51,070  
我觉得有点牵强  
  
803  
00:32:51,070 --> 00:32:53,230  
那也不能说古人说啥都对对吧  
  
804  
00:32:53,230 --> 00:32:56,580  
那咱不就咱就变成傻孩子了吗  
  
805  
00:32:56,580 --> 00:32:57,620  
那不不能这么想  
  
806  
00:32:57,620 --> 00:32:58,260  
问题啊  
  
807  
00:32:58,500 --> 00:33:01,780  
这个你可以说他跟他从颜色上来说吧  
  
808  
00:33:02,570 --> 00:33:03,850  
取向它是能相通  
  
809  
00:33:04,250 --> 00:33:06,170  
但你说它就是呃  
  
810  
00:33:06,890 --> 00:33:08,570  
但可能也是我过度解读啊  
  
811  
00:33:09,130 --> 00:33:10,330  
但这个就放一边  
  
812  
00:33:12,080 --> 00:33:14,240  
我认为是啥白色  
  
813  
00:33:14,400 --> 00:33:18,520  
白色在五行之中，为什么为金金者始也  
  
814  
00:33:18,520 --> 00:33:19,870  
同学们，哎  
  
815  
00:33:19,870 --> 00:33:20,870  
这个我没考证  
  
816  
00:33:20,910 --> 00:33:22,990  
但是你你去看看是不是这回事  
  
817  
00:33:23,070 --> 00:33:24,350  
因为我知道一个事  
  
818  
00:33:25,110 --> 00:33:25,590  
鸡呀  
  
819  
00:33:25,670 --> 00:33:27,470  
包括鸟类，它都有这个功能  
  
820  
00:33:27,470 --> 00:33:29,510  
你看那个呃鸟拉粑粑  
  
821  
00:33:29,630 --> 00:33:33,070  
它不是按对拉，想拉就拉是吧  
  
822  
00:33:33,390 --> 00:33:34,790  
鸡也是啊  
  
823  
00:33:34,830 --> 00:33:35,990  
他为啥要这样呢  
  
824  
00:33:36,110 --> 00:33:42,160  
你说这个呃基啊  
  
825  
00:33:43,160 --> 00:33:47,890  
本身他在吃这个稻谷的时候，包括草粒啊  
  
826  
00:33:47,890 --> 00:33:48,570  
包括什么东西  
  
827  
00:33:48,930 --> 00:33:50,370  
他连石子都一块吃下去  
  
828  
00:33:50,370 --> 00:33:51,610  
然后它还它还没牙  
  
829  
00:33:52,460 --> 00:33:53,420  
它直接咽下去  
  
830  
00:33:53,420 --> 00:33:56,180  
咽下去之后他那个胃啊，消化能力就很强  
  
831  
00:33:56,940 --> 00:34:01,160  
所以它的胃呢，也被我们用用为这个内金对吧  
  
832  
00:34:01,280 --> 00:34:02,280  
用来化石之用  
  
833  
00:34:03,160 --> 00:34:05,960  
化完之后，那个石头哪儿去了  
  
834  
00:34:07,070 --> 00:34:09,790  
我们从五色取向那个角度来说  
  
835  
00:34:11,230 --> 00:34:12,429  
化不掉那个白  
  
836  
00:34:14,050 --> 00:34:18,250  
可以理解，他为石金石得金石之气最全  
  
837  
00:34:18,650 --> 00:34:20,489  
我不能说它就是石头变的  
  
838  
00:34:21,260 --> 00:34:25,139  
但是我们可以理解为那个白一定是鸡  
  
839  
00:34:25,420 --> 00:34:27,780  
为了消化掉那个石头  
  
840  
00:34:28,020 --> 00:34:29,460  
它是不是要分泌一些东西  
  
841  
00:34:30,120 --> 00:34:31,040  
分泌一些东西之后  
  
842  
00:34:31,040 --> 00:34:33,320  
这个东西它是不是一定一块要拉下去  
  
843  
00:34:33,810 --> 00:34:36,170  
连同石头带那个小化石  
  
844  
00:34:36,210 --> 00:34:38,969  
那个白色的东西一起下去  
  
845  
00:34:39,290 --> 00:34:41,550  
所以它化力最强  
  
846  
00:34:41,870 --> 00:34:42,750  
大家明白了没有  
  
847  
00:34:43,550 --> 00:34:46,429  
为啥用鸡屎白，在这儿大家就懂了  
  
848  
00:34:47,520 --> 00:34:50,840  
哎，那么淡取其白啊  
  
849  
00:34:51,320 --> 00:34:52,360  
由于邪气呢  
  
850  
00:34:52,360 --> 00:34:53,120  
已经入府  
  
851  
00:34:55,040 --> 00:34:57,440  
呃，朱光贝先生当时打过一个比方  
  
852  
00:34:57,480 --> 00:34:58,680  
非常的巧妙啊  
  
853  
00:34:58,720 --> 00:35:03,680  
说这个用积腹中泄出之物，以泻腹入府之邪  
  
854  
00:35:04,220 --> 00:35:04,420  
哎  
  
855  
00:35:04,420 --> 00:35:06,220  
这个说的还很形象，对吧  
  
856  
00:35:06,220 --> 00:35:11,890  
那你用记肚子里拉出来的治疗肚子里这个内陷之邪气  
  
857  
00:35:11,930 --> 00:35:12,530  
他是哎  
  
858  
00:35:12,570 --> 00:35:14,610  
这是说得通的啊，在这  
  
859  
00:35:15,560 --> 00:35:15,760  
呃  
  
860  
00:35:15,840 --> 00:35:19,430  
实际上，即使里在内经之中啊  
  
861  
00:35:19,470 --> 00:35:22,470  
治疗骨症这个我们额鼓胀之症  
  
862  
00:35:22,470 --> 00:35:25,270  
我们在临床之中，你可以把它用于呃  
  
863  
00:35:25,550 --> 00:35:27,550  
比如说肝病啊，哎  
  
864  
00:35:27,550 --> 00:35:31,470  
各种消化系统疾病啊，可以尝试啊呃  
  
865  
00:35:31,630 --> 00:35:33,150  
效果是很确切的  
  
866  
00:35:34,300 --> 00:35:37,690  
后世医家呢，也有人效法这个即时离散  
  
867  
00:35:37,690 --> 00:35:38,970  
你比如说，呃  
  
868  
00:35:39,210 --> 00:35:40,370  
清代医家王孟英  
  
869  
00:35:40,450 --> 00:35:43,730  
在霍乱论里头，他有一个叫蚕屎汤  
  
870  
00:35:44,410 --> 00:35:45,730  
那不，咱不有积食礼吗  
  
871  
00:35:45,850 --> 00:35:49,130  
人家告诉你叫蚕食哪个蚕呢  
  
872  
00:35:49,130 --> 00:35:50,810  
就是那个叫晚蚕沙  
  
873  
00:35:52,330 --> 00:35:54,090  
晚残杀就是呃  
  
874  
00:35:54,370 --> 00:35:57,570  
吐司那个蚕啊，唉  
  
875  
00:35:57,690 --> 00:36:00,130  
用它呃，加上木瓜呀  
  
876  
00:36:00,210 --> 00:36:00,890  
豆卷啊  
  
877  
00:36:01,440 --> 00:36:06,600  
米仁半夏呀等等作为交减加减消息治疗霍乱之转基  
  
878  
00:36:07,560 --> 00:36:07,760  
呃  
  
879  
00:36:08,320 --> 00:36:12,400  
为啥说是咱们不是说粘上一个屎  
  
880  
00:36:12,520 --> 00:36:13,480  
咱就硬往上靠  
  
881  
00:36:14,260 --> 00:36:15,140  
不是那个道理  
  
882  
00:36:15,500 --> 00:36:18,700  
蚕本身咱们讲食丧对吧  
  
883  
00:36:19,290 --> 00:36:26,140  
丧者咱们上次讲角亢堤防辛伟七得七星之哎之之灵  
  
884  
00:36:26,220 --> 00:36:26,580  
对吧  
  
885  
00:36:26,780 --> 00:36:28,820  
哎，那么他也是主主东方木  
  
886  
00:36:29,100 --> 00:36:31,380  
那么在这呢，有一个呃用的  
  
887  
00:36:31,380 --> 00:36:32,980  
虽然不是基石里那个药  
  
888  
00:36:33,310 --> 00:36:36,710  
但是借的这个E跟他是完全能够相合的啊  
  
889  
00:36:36,710 --> 00:36:42,000  
所以古古方和后世之方在很多时候它是一脉相承的啊  
  
890  
00:36:42,240 --> 00:36:44,790  
你在这能看出来他的借鉴于谁  
  
891  
00:36:44,950 --> 00:36:46,230  
传承有序啊  
  
892  
00:36:46,310 --> 00:36:47,030  
传承有序  
  
893  
00:36:50,320 --> 00:36:53,000  
好，我们接着往后看啊  
  
894  
00:36:56,340 --> 00:37:00,140  
这个这个就是这个鸡屎白散啊  
  
895  
00:37:00,140 --> 00:37:01,020  
给大家说完了  
  
896  
00:37:01,420 --> 00:37:06,750  
后面这个唐正蜘蛛惨啊  
  
897  
00:37:10,060 --> 00:37:12,300  
蜘蛛伞这个相对来说  
  
898  
00:37:13,750 --> 00:37:16,030  
我们今天啊在临床上呢  
  
899  
00:37:16,470 --> 00:37:16,710  
呃  
  
900  
00:37:17,350 --> 00:37:20,710  
很多医生不用，其实挺可惜的  
  
901  
00:37:21,880 --> 00:37:24,600  
这个方呢，除了有点残忍  
  
902  
00:37:25,770 --> 00:37:26,650  
是真好使  
  
903  
00:37:26,890 --> 00:37:29,770  
我们临床咱门诊经常用啊  
  
904  
00:37:29,970 --> 00:37:31,730  
用的，而且效果反馈很好  
  
905  
00:37:32,600 --> 00:37:32,800  
呃  
  
906  
00:37:33,120 --> 00:37:36,250  
能用能不用，生灵还是不用啊  
  
907  
00:37:36,330 --> 00:37:38,090  
但是说我们在这  
  
908  
00:37:38,090 --> 00:37:41,450  
我只是把他的道理礼法给大家说说啊  
  
909  
00:37:42,750 --> 00:37:43,750  
他治的是啥病  
  
910  
00:37:44,030 --> 00:37:46,470  
首先叫阴狐疝气  
  
911  
00:37:48,300 --> 00:37:50,820  
呃，就是简称阴狐善啊  
  
912  
00:37:50,940 --> 00:37:51,860  
简称阴胡善  
  
913  
00:37:54,060 --> 00:37:57,740  
那么这个呃阴狐扇是啥啊  
  
914  
00:38:00,480 --> 00:38:03,840  
在这呢，就首先给大家解释一下  
  
915  
00:38:04,090 --> 00:38:07,490  
呃，疝气在今天临床上我们见得也很多  
  
916  
00:38:08,410 --> 00:38:10,370  
多数时候呢，是因为我们说  
  
917  
00:38:10,890 --> 00:38:11,170  
呃  
  
918  
00:38:12,450 --> 00:38:15,450  
无论是小肠还是睾丸，对吧  
  
919  
00:38:15,530 --> 00:38:19,580  
腔体咱们从现代呃医学的角度讲  
  
920  
00:38:20,150 --> 00:38:23,470  
它这个闭合，这个这个有缝隙对吧  
  
921  
00:38:23,470 --> 00:38:26,390  
闭合不全造成你说是血管啊  
  
922  
00:38:26,390 --> 00:38:27,990  
包括组织啊，包括肠啊  
  
923  
00:38:28,310 --> 00:38:31,370  
他这个膨出出现了嵌顿对吧  
  
924  
00:38:31,450 --> 00:38:36,250  
造成的疼痛，甚至是局部出现坏死等等问题啊  
  
925  
00:38:36,650 --> 00:38:38,490  
这是从现代医学的角度来说  
  
926  
00:38:39,170 --> 00:38:39,930  
呃，古人呢  
  
927  
00:38:39,930 --> 00:38:40,930  
虽然没有外科手术  
  
928  
00:38:40,930 --> 00:38:42,490  
但是你不耽误古人得疝气  
  
929  
00:38:43,030 --> 00:38:45,750  
他该得也得，那我们中医从另一个角度去  
  
930  
00:38:45,990 --> 00:38:48,830  
我们不从外科视角看，你能不能解决  
  
931  
00:38:48,910 --> 00:38:49,670  
照样能啊  
  
932  
00:38:49,750 --> 00:38:51,310  
而且能把它解决的很好  
  
933  
00:38:51,880 --> 00:38:52,080  
呃  
  
934  
00:38:52,080 --> 00:38:53,040  
这个在我们临床中  
  
935  
00:38:53,360 --> 00:38:55,960  
呃可以说经常有类似这种疾病  
  
936  
00:38:55,960 --> 00:38:58,990  
我们有的时候我不用蜘蛛散也能治  
  
937  
00:38:58,990 --> 00:39:00,990  
这不前一段有一个小孩也是嘛  
  
938  
00:39:01,030 --> 00:39:02,750  
小孩子也是这个小肠  
  
939  
00:39:02,750 --> 00:39:05,710  
疝气咱们用糖药调效果也非常好  
  
940  
00:39:06,150 --> 00:39:08,350  
呃主要是这个礼法给大家讲清  
  
941  
00:39:08,430 --> 00:39:12,950  
那你说不能因为呃咱们咱们说白了  
  
942  
00:39:14,440 --> 00:39:15,960  
少少了一个家伙事  
  
943  
00:39:15,960 --> 00:39:18,600  
咱最后曹字高就做不成了吧，啊  
  
944  
00:39:20,120 --> 00:39:23,000  
那么首先我们要知道这个阴狐疝记它的  
  
945  
00:39:24,560 --> 00:39:25,480  
长什么样啊  
  
946  
00:39:25,560 --> 00:39:29,320  
他这块说了偏有小大十时上下  
  
947  
00:39:30,440 --> 00:39:31,280  
为什么啊  
  
948  
00:39:32,200 --> 00:39:35,000  
呃，我们说阴狐扇阴胡善  
  
949  
00:39:35,160 --> 00:39:37,160  
首先这个字咱们拆一下  
  
950  
00:39:37,840 --> 00:39:42,420  
阴在这儿指的就是这个  
  
951  
00:39:43,140 --> 00:39:43,340  
呃  
  
952  
00:39:43,820 --> 00:39:45,100  
相对来说就是睾丸  
  
953  
00:39:46,940 --> 00:39:50,340  
啊，指的睾丸弧代表啥呢  
  
954  
00:39:51,620 --> 00:39:53,890  
时隐时现，就是有  
  
955  
00:39:53,890 --> 00:39:54,690  
就是比较怪  
  
956  
00:39:54,770 --> 00:39:56,330  
古人认为比较怪异  
  
957  
00:39:56,370 --> 00:39:58,130  
比较就是你捉摸不透的  
  
958  
00:39:58,130 --> 00:39:59,130  
这个就称之为胡  
  
959  
00:39:59,370 --> 00:40:02,290  
比如我们之前百合虎遇阴阳堵，对不对啊  
  
960  
00:40:03,210 --> 00:40:05,310  
哎，那么  
  
961  
00:40:07,220 --> 00:40:10,540  
阴囊这块时隐时现，出现这个疝气  
  
962  
00:40:11,020 --> 00:40:12,260  
那么怎么时有时现呢  
  
963  
00:40:12,260 --> 00:40:13,980  
叫偏有小大啥概念  
  
964  
00:40:14,460 --> 00:40:15,900  
阴囊不是一对吗  
  
965  
00:40:16,500 --> 00:40:18,620  
有的时候左边大，有时候右边大  
  
966  
00:40:19,730 --> 00:40:20,650  
不一定是哪边  
  
967  
00:40:21,090 --> 00:40:22,850  
其实它往下漏咱们知道吧  
  
968  
00:40:23,290 --> 00:40:24,690  
那下坠下坠之后呢  
  
969  
00:40:24,690 --> 00:40:26,410  
那不一定是哪边，呃  
  
970  
00:40:26,690 --> 00:40:28,370  
实时上下，有时候还好了  
  
971  
00:40:29,370 --> 00:40:32,850  
有时候抽冷子一下，他又犯病啊  
  
972  
00:40:32,850 --> 00:40:34,130  
犯病之后又出现了  
  
973  
00:40:34,870 --> 00:40:37,990  
首先咱们要知道他的这个生理基础啊  
  
974  
00:40:37,990 --> 00:40:40,150  
为啥让大家背这个灵枢经脉  
  
975  
00:40:40,800 --> 00:40:42,160  
其实跟这个关系就很大  
  
976  
00:40:42,160 --> 00:40:43,640  
我们说这个肝足厥阴之脉  
  
977  
00:40:43,960 --> 00:40:44,840  
它起于足大趾  
  
978  
00:40:44,840 --> 00:40:45,760  
从毛之际，对吧  
  
979  
00:40:46,160 --> 00:40:46,360  
哎  
  
980  
00:40:46,360 --> 00:40:47,120  
那么呃  
  
981  
00:40:47,120 --> 00:40:48,360  
经过一系列循行  
  
982  
00:40:48,520 --> 00:40:52,570  
终究他入府的时候它有一个顺序，对吧  
  
983  
00:40:53,090 --> 00:40:54,210  
循鼓音入毛中  
  
984  
00:40:55,130 --> 00:40:56,650  
过阴气抵小腹  
  
985  
00:40:57,490 --> 00:41:01,410  
这个你看，所以灵枢经脉不百倍  
  
986  
00:41:01,410 --> 00:41:02,250  
同学们啊  
  
987  
00:41:10,920 --> 00:41:13,880  
古音鼓就是大腿内侧哎  
  
988  
00:41:13,960 --> 00:41:14,480  
循古音  
  
989  
00:41:14,520 --> 00:41:20,640  
然后朗弹拉入哪啊  
  
990  
00:41:21,880 --> 00:41:23,960  
毛中就是就是阴谋是不是啊  
  
991  
00:41:24,520 --> 00:41:25,400  
哎，然后  
  
992  
00:41:30,960 --> 00:41:32,160  
过阴气  
  
993  
00:41:33,990 --> 00:41:36,270  
阴气就是生殖系统，生殖器  
  
994  
00:41:37,390 --> 00:41:39,950  
哎，底底就是最后进入  
  
995  
00:41:43,620 --> 00:41:45,660  
纪晓芙，你说这玩意灵枢经脉你不背  
  
996  
00:41:45,660 --> 00:41:46,660  
你脑子里能有吗  
  
997  
00:41:47,140 --> 00:41:47,420  
是吧  
  
998  
00:41:47,420 --> 00:41:48,660  
我一说你就你就明白了  
  
999  
00:41:48,660 --> 00:41:49,380  
他往这走  
  
1000  
00:41:50,630 --> 00:41:52,590  
那么这是足厥阴肝经啊  
  
1001  
00:41:53,160 --> 00:41:55,440  
他往这走那往这走之后呢  
  
1002  
00:41:55,480 --> 00:41:58,680  
后头我们每一篇灵枢经脉，它不光是循行  
  
1003  
00:41:59,120 --> 00:42:01,110  
他也有主病，哎  
  
1004  
00:42:01,110 --> 00:42:04,350  
比如这个就是人家告诉你了，事主肝所生病者  
  
1005  
00:42:05,480 --> 00:42:07,360  
事主肝所生病者，生什么病啊  
  
1006  
00:42:07,360 --> 00:42:08,960  
你看胸满呕逆  
  
1007  
00:42:09,160 --> 00:42:12,630  
孙泄胡善这块  
  
1008  
00:42:12,630 --> 00:42:15,990  
其实就早早的已经把这个阴狐扇的这个东西  
  
1009  
00:42:15,990 --> 00:42:17,710  
给他说的很清楚了  
  
1010  
00:42:17,710 --> 00:42:19,270  
因此很多人啊  
  
1011  
00:42:19,640 --> 00:42:22,800  
动辄否认内经与经方的关联  
  
1012  
00:42:23,400 --> 00:42:24,720  
这个呢，呃  
  
1013  
00:42:26,280 --> 00:42:27,400  
不是不负责任  
  
1014  
00:42:27,480 --> 00:42:29,200  
就是书读的读的不透  
  
1015  
00:42:29,520 --> 00:42:32,720  
因为你看，无论是咱们上一条的这个鸡屎白散  
  
1016  
00:42:33,200 --> 00:42:36,960  
它跟基石里之间它是有一定的传承次第的，对不对啊  
  
1017  
00:42:37,390 --> 00:42:39,990  
包括我们这一篇转接下来  
  
1018  
00:42:39,990 --> 00:42:43,540  
那么就是人家内经里头告诉你明明白白啊  
  
1019  
00:42:43,620 --> 00:42:46,460  
这个由于肝经他过阴器抵小腹  
  
1020  
00:42:48,010 --> 00:42:50,290  
所以说事主肝所生病者  
  
1021  
00:42:50,610 --> 00:42:53,600  
那么他会出现胡善啊  
  
1022  
00:42:53,600 --> 00:42:54,480  
说的非常清楚  
  
1023  
00:42:54,480 --> 00:42:55,960  
这是第一个生理基础  
  
1024  
00:42:56,280 --> 00:42:58,480  
任何病的产生，你  
  
1025  
00:42:58,560 --> 00:43:03,520  
你研究这个病，要先把他的生理基础的东西先搞明白  
  
1026  
00:43:04,460 --> 00:43:06,340  
就像是我们在门诊上  
  
1027  
00:43:06,340 --> 00:43:07,980  
有的时候你怎么能不糊涂  
  
1028  
00:43:07,980 --> 00:43:09,180  
你看我们学生  
  
1029  
00:43:09,180 --> 00:43:10,980  
有时候我诊室的学生  
  
1030  
00:43:10,980 --> 00:43:13,340  
他他有的时候愿意看我看病  
  
1031  
00:43:13,340 --> 00:43:13,780  
啊哈  
  
1032  
00:43:13,940 --> 00:43:14,340  
为啥  
  
1033  
00:43:15,290 --> 00:43:17,050  
尤其刚来的患者啊  
  
1034  
00:43:17,050 --> 00:43:20,370  
就第一诊号称，他就总说他呃  
  
1035  
00:43:21,350 --> 00:43:22,190  
久治不愈，对吧  
  
1036  
00:43:22,190 --> 00:43:23,390  
就说这病就是治不好了  
  
1037  
00:43:23,790 --> 00:43:23,990  
哎  
  
1038  
00:43:24,030 --> 00:43:26,350  
那个时候我跟我的学生们，我们都很兴奋  
  
1039  
00:43:27,220 --> 00:43:28,020  
谁别说话啊  
  
1040  
00:43:28,220 --> 00:43:28,580  
对吧  
  
1041  
00:43:28,700 --> 00:43:30,140  
这个场景大家都很熟悉  
  
1042  
00:43:30,420 --> 00:43:32,220  
伸手吧，啪一打  
  
1043  
00:43:33,320 --> 00:43:36,040  
等吧，我这边要开始频频点头了的时候  
  
1044  
00:43:36,360 --> 00:43:37,760  
学生们就乐了啊  
  
1045  
00:43:37,880 --> 00:43:38,320  
看着吧  
  
1046  
00:43:38,320 --> 00:43:41,460  
老师要说啥，啪啪啪啪三下5÷2  
  
1047  
00:43:41,540 --> 00:43:41,820  
哎  
  
1048  
00:43:41,820 --> 00:43:42,780  
你这病咋得的  
  
1049  
00:43:42,780 --> 00:43:43,340  
怎么回事  
  
1050  
00:43:43,700 --> 00:43:46,140  
那为啥咱们这个底气是谁给的  
  
1051  
00:43:46,140 --> 00:43:48,320  
说白了就是经典，哎  
  
1052  
00:43:48,320 --> 00:43:50,320  
就这里头有的时候啊  
  
1053  
00:43:50,320 --> 00:43:51,360  
个别那种情况  
  
1054  
00:43:51,360 --> 00:43:51,960  
我一说，哎  
  
1055  
00:43:51,960 --> 00:43:53,920  
这个事患者说我没有啊  
  
1056  
00:43:54,280 --> 00:43:55,200  
我当时就笑了  
  
1057  
00:43:55,200 --> 00:43:58,330  
我说我我不讨论，他考虑你有没有  
  
1058  
00:43:58,610 --> 00:43:59,810  
也不考虑你承不承认  
  
1059  
00:44:00,570 --> 00:44:02,250  
我就看窗台上有个脚印  
  
1060  
00:44:02,250 --> 00:44:04,660  
你说这屋没进人，我不信  
  
1061  
00:44:04,740 --> 00:44:05,900  
明白啥意思意思了吗  
  
1062  
00:44:05,900 --> 00:44:08,220  
犯罪现场我们这跟破案是一模一样的啊  
  
1063  
00:44:08,460 --> 00:44:11,500  
我就看事实看证据，我不看你咋说  
  
1064  
00:44:12,490 --> 00:44:12,690  
哎  
  
1065  
00:44:12,890 --> 00:44:14,050  
患者下周一回来说  
  
1066  
00:44:14,050 --> 00:44:15,810  
大夫你上周说那个  
  
1067  
00:44:16,290 --> 00:44:17,250  
当时我没承认  
  
1068  
00:44:17,610 --> 00:44:19,370  
我说又发现了，想起来了是吧  
  
1069  
00:44:19,450 --> 00:44:22,250  
是想起来了，基本上都是这个情节是吧  
  
1070  
00:44:22,650 --> 00:44:22,850  
哎  
  
1071  
00:44:22,850 --> 00:44:26,250  
那么它的前提就是你对生理和病理要熟  
  
1072  
00:44:26,590 --> 00:44:28,590  
其实没啥难的东西没有悬的  
  
1073  
00:44:28,790 --> 00:44:31,550  
我否认很多玄虚之说啊  
  
1074  
00:44:31,630 --> 00:44:34,830  
没啥玄的东西，就是你把这些东西能搞熟了  
  
1075  
00:44:34,990 --> 00:44:35,790  
搞明白了  
  
1076  
00:44:36,620 --> 00:44:36,820  
唉  
  
1077  
00:44:36,860 --> 00:44:40,740  
搞得就跟你你自己五根手指头一样啊，就熟了  
  
1078  
00:44:41,660 --> 00:44:41,940  
呃  
  
1079  
00:44:42,120 --> 00:44:44,480  
除此之外呢，这是灵枢经脉  
  
1080  
00:44:44,520 --> 00:44:47,360  
因为它是比较根本的一个经典啊  
  
1081  
00:44:47,360 --> 00:44:48,520  
从生理结构上  
  
1082  
00:44:48,680 --> 00:44:52,720  
从经脉的循行上那么知道胡疝跟肝之间是有关联的  
  
1083  
00:44:52,960 --> 00:44:55,880  
那么这个病跟肝气的发病也有相关性  
  
1084  
00:44:56,690 --> 00:45:00,330  
素问其中也讲过相关的论述  
  
1085  
00:45:00,570 --> 00:45:05,410  
看一下素问中间有一篇啊呃40次逆从论  
  
1086  
00:45:07,100 --> 00:45:09,580  
啊40次逆从论中间说了这么一个道理  
  
1087  
00:45:10,100 --> 00:45:10,940  
厥阴有余  
  
1088  
00:45:11,660 --> 00:45:15,700  
病阴必阴，阳的阴必正的闭不足  
  
1089  
00:45:16,890 --> 00:45:18,290  
病生热壁  
  
1090  
00:45:20,150 --> 00:45:24,470  
然后还有一句话叫华则病因善呃  
  
1091  
00:45:24,710 --> 00:45:26,030  
华则病，胡善风  
  
1092  
00:45:26,800 --> 00:45:28,320  
色泽病少妇积气  
  
1093  
00:45:28,920 --> 00:45:32,040  
这个你们回去可以自己看一下相关的这个原文  
  
1094  
00:45:32,640 --> 00:45:34,360  
他在这说这个四个字啊  
  
1095  
00:45:35,290 --> 00:45:36,890  
我给总结一下，就非常简单  
  
1096  
00:45:37,290 --> 00:45:38,570  
什么叫有余  
  
1097  
00:45:38,650 --> 00:45:39,290  
什么叫不足  
  
1098  
00:45:39,330 --> 00:45:39,970  
什么叫华  
  
1099  
00:45:39,970 --> 00:45:40,690  
什么叫色  
  
1100  
00:45:47,600 --> 00:45:50,200  
有余不足说的是虚实  
  
1101  
00:45:50,320 --> 00:45:50,840  
同学们  
  
1102  
00:45:52,080 --> 00:45:53,320  
华色说的是啥呀  
  
1103  
00:45:53,840 --> 00:45:54,680  
说的是出入  
  
1104  
00:45:56,460 --> 00:45:57,220  
滑代表啥  
  
1105  
00:45:58,300 --> 00:45:59,700  
出入就比较顺溜  
  
1106  
00:46:01,340 --> 00:46:04,900  
大家明白了没有色代表出入费劲  
  
1107  
00:46:06,670 --> 00:46:08,150  
你出的太顺溜吧  
  
1108  
00:46:08,390 --> 00:46:10,110  
他有时候就麻烦啊  
  
1109  
00:46:10,110 --> 00:46:11,950  
你比如说我们这个就说了一个问题  
  
1110  
00:46:11,950 --> 00:46:13,640  
厥阴，对吧  
  
1111  
00:46:13,720 --> 00:46:13,920  
滑  
  
1112  
00:46:14,280 --> 00:46:16,360  
那那我可以断，直接跳过去对吧  
  
1113  
00:46:16,400 --> 00:46:18,000  
厥阴滑滑病什么啊  
  
1114  
00:46:18,440 --> 00:46:19,960  
胡扇风啥概念  
  
1115  
00:46:20,040 --> 00:46:21,600  
厥阴厥阴不是肝吗  
  
1116  
00:46:22,120 --> 00:46:22,960  
肝不出筋吗  
  
1117  
00:46:23,400 --> 00:46:26,520  
筋膜太滑溜了就容易得疝气  
  
1118  
00:46:27,080 --> 00:46:28,480  
这个道理大家能明白吧  
  
1119  
00:46:29,020 --> 00:46:30,420  
你这个筋他捆不住  
  
1120  
00:46:30,940 --> 00:46:34,140  
咱明白这个道理，没有他收涩无力  
  
1121  
00:46:35,450 --> 00:46:37,130  
兜不住兜不住  
  
1122  
00:46:37,610 --> 00:46:41,170  
一滑溜鼓出去了，疝气就来了  
  
1123  
00:46:43,520 --> 00:46:45,600  
古人这个形象比喻  
  
1124  
00:46:47,430 --> 00:46:50,630  
惟妙惟肖吧啊，你看说的很清楚  
  
1125  
00:46:52,460 --> 00:46:54,340  
那么所以这个就造成一个问题啊  
  
1126  
00:46:54,460 --> 00:46:57,020  
这个善有大小十之上下啊  
  
1127  
00:46:57,020 --> 00:46:59,900  
它如如湖之出入无定啊  
  
1128  
00:46:59,900 --> 00:47:00,820  
他就嗯  
  
1129  
00:47:01,740 --> 00:47:02,420  
来来回回  
  
1130  
00:47:03,020 --> 00:47:06,020  
那么它总体的得病的成因啊  
  
1131  
00:47:07,060 --> 00:47:07,980  
历代医家呢  
  
1132  
00:47:07,980 --> 00:47:08,700  
众说纷纭  
  
1133  
00:47:10,240 --> 00:47:12,210  
根据原文  
  
1134  
00:47:12,490 --> 00:47:13,850  
根据历代医家的书著  
  
1135  
00:47:13,970 --> 00:47:15,810  
也根据我们临政的观察  
  
1136  
00:47:16,690 --> 00:47:18,850  
大概原因大同小异  
  
1137  
00:47:19,660 --> 00:47:20,260  
有的呢  
  
1138  
00:47:20,340 --> 00:47:21,780  
因为小孩择的多是吧  
  
1139  
00:47:21,900 --> 00:47:24,100  
很多成年人慢慢他就相对好一点  
  
1140  
00:47:24,500 --> 00:47:24,780  
呃  
  
1141  
00:47:25,340 --> 00:47:27,540  
为啥小孩他生长生发呀  
  
1142  
00:47:27,540 --> 00:47:28,540  
他比较脆弱  
  
1143  
00:47:29,350 --> 00:47:32,230  
他在很小的时候，有的时候过力  
  
1144  
00:47:32,510 --> 00:47:33,750  
他力量使太大了  
  
1145  
00:47:34,330 --> 00:47:35,730  
他就会伤伤筋  
  
1146  
00:47:35,970 --> 00:47:38,850  
我们讲这个是有一种比较常见的现象  
  
1147  
00:47:38,890 --> 00:47:39,770  
包括什么呢  
  
1148  
00:47:40,210 --> 00:47:41,730  
伤了之后当时没看出来  
  
1149  
00:47:42,410 --> 00:47:44,490  
等了很虚的时候，寒湿内入  
  
1150  
00:47:45,490 --> 00:47:45,810  
对吧  
  
1151  
00:47:46,610 --> 00:47:47,210  
入哪呢  
  
1152  
00:47:47,210 --> 00:47:47,810  
入肝  
  
1153  
00:47:49,290 --> 00:47:50,050  
肝主筋嘛  
  
1154  
00:47:50,050 --> 00:47:51,170  
他一定是这个肝  
  
1155  
00:47:51,490 --> 00:47:55,290  
那么也符合我们灵枢经脉对于足厥阴肝  
  
1156  
00:47:55,290 --> 00:47:58,040  
足厥阴之脉的这个描述啊  
  
1157  
00:47:58,040 --> 00:47:59,480  
也也符合他对他的描述  
  
1158  
00:47:59,840 --> 00:48:03,730  
那么这个时候就造成一个叫现象  
  
1159  
00:48:03,730 --> 00:48:05,890  
由于肝得病  
  
1160  
00:48:06,010 --> 00:48:07,490  
那么最后则怎么样呢  
  
1161  
00:48:21,420 --> 00:48:25,500  
四个字叫筋脉迟坐  
  
1162  
00:48:29,540 --> 00:48:32,180  
我就有一个很尴尬的事  
  
1163  
00:48:32,180 --> 00:48:35,380  
我的名字经常就被写错啊，呃  
  
1164  
00:48:35,380 --> 00:48:39,060  
有一回就是最最逗的是我都要上飞机了  
  
1165  
00:48:39,680 --> 00:48:40,480  
呃，换机票  
  
1166  
00:48:40,520 --> 00:48:42,960  
然后人家给我拦住了，说先生不对  
  
1167  
00:48:43,000 --> 00:48:45,120  
说你那个机票名打错了  
  
1168  
00:48:45,360 --> 00:48:48,660  
我现在都特别有心理准备  
  
1169  
00:48:48,660 --> 00:48:50,100  
就是我跟谁在说我名字  
  
1170  
00:48:50,140 --> 00:48:53,100  
比如说正常谁叫错了我都不反驳  
  
1171  
00:48:54,140 --> 00:48:54,460  
你  
  
1172  
00:48:54,620 --> 00:48:57,740  
累了就不不，你咋叫都行  
  
1173  
00:48:57,740 --> 00:48:59,460  
你开心就好啊，呃  
  
1174  
00:49:00,400 --> 00:49:00,880  
无所谓  
  
1175  
00:49:01,080 --> 00:49:04,680  
但是别耽误事，你比如说买机票或者酒店什么的  
  
1176  
00:49:04,680 --> 00:49:07,790  
我都特意告诉他，我说那个千万别写错了啊  
  
1177  
00:49:07,790 --> 00:49:10,510  
我这个池是马和野，不是弓和野  
  
1178  
00:49:10,710 --> 00:49:11,870  
对方说好我明白了  
  
1179  
00:49:11,870 --> 00:49:13,640  
然后回头一看还是错了啊  
  
1180  
00:49:13,640 --> 00:49:15,280  
就这个这个很正常啊  
  
1181  
00:49:15,280 --> 00:49:17,200  
我可能命格就占这么个命格  
  
1182  
00:49:17,650 --> 00:49:18,490  
所以这个字呢  
  
1183  
00:49:18,490 --> 00:49:21,050  
我看了之后呢，我是很有感触的啊  
  
1184  
00:49:21,050 --> 00:49:22,650  
我一个既熟悉又陌生的  
  
1185  
00:49:22,850 --> 00:49:26,490  
他明明不属于我，但是但是大家都这么称呼我啊  
  
1186  
00:49:26,800 --> 00:49:27,000  
呃  
  
1187  
00:49:27,040 --> 00:49:29,040  
所以所以很好很无所谓了啊  
  
1188  
00:49:29,280 --> 00:49:31,200  
就是筋脉池池  
  
1189  
00:49:31,280 --> 00:49:33,480  
这个池是松弛的弛，对不对啊  
  
1190  
00:49:33,830 --> 00:49:35,230  
我是那个带码的啊  
  
1191  
00:49:35,230 --> 00:49:37,350  
我再跟大家说一下，我学生  
  
1192  
00:49:37,350 --> 00:49:39,070  
你们最好知道我是哪个  
  
1193  
00:49:39,390 --> 00:49:40,990  
要不然很很尴尬啊  
  
1194  
00:49:41,680 --> 00:49:43,960  
要不然有时候患者一问，你们对吧  
  
1195  
00:49:45,100 --> 00:49:45,700  
别说了啊  
  
1196  
00:49:45,700 --> 00:49:50,950  
张驰学生说的肯定肯定是这个把我把我装里了  
  
1197  
00:49:51,110 --> 00:49:53,950  
那么所以说筋脉它兜不住它松了，对不对啊  
  
1198  
00:49:54,110 --> 00:49:54,310  
哎  
  
1199  
00:49:54,390 --> 00:49:56,110  
纵就是指指指什么呀  
  
1200  
00:49:56,110 --> 00:49:57,310  
那个那个放纵了啊  
  
1201  
00:49:57,310 --> 00:50:00,250  
就是松了，呃筋松了筋  
  
1202  
00:50:00,250 --> 00:50:00,970  
松了之后呢  
  
1203  
00:50:00,970 --> 00:50:03,810  
所以说小肠下坠而成善啊  
  
1204  
00:50:03,810 --> 00:50:06,130  
这个是我，我的一个总结吧  
  
1205  
00:50:07,300 --> 00:50:09,780  
那么关于这个疝气啊  
  
1206  
00:50:10,570 --> 00:50:13,770  
临床中我们怎么去治疗它啊  
  
1207  
00:50:13,770 --> 00:50:15,370  
有什么办法来治疗呢  
  
1208  
00:50:16,000 --> 00:50:20,480  
呃，那么则用了一张方叫做蜘蛛散  
  
1209  
00:50:24,580 --> 00:50:28,460  
蜘蛛散这个治法啊  
  
1210  
00:50:28,500 --> 00:50:31,700  
他用了两味药，一个是蜘蛛14枚  
  
1211  
00:50:32,950 --> 00:50:35,470  
而且要这个熬指的就是炒对吧  
  
1212  
00:50:35,470 --> 00:50:39,310  
要炒焦这个炒吧，主要是为了去毒性啊  
  
1213  
00:50:39,350 --> 00:50:40,710  
炒焦呃  
  
1214  
00:50:42,700 --> 00:50:44,620  
桂枝半两啊  
  
1215  
00:50:44,660 --> 00:50:47,660  
那么微散额取八分一币  
  
1216  
00:50:47,660 --> 00:50:51,580  
就是这一方寸币的这个八成对吧  
  
1217  
00:50:51,820 --> 00:50:51,980  
哎  
  
1218  
00:50:51,980 --> 00:50:54,100  
就相当于这这样，呃  
  
1219  
00:50:56,540 --> 00:50:57,420  
饮和服啊  
  
1220  
00:50:57,540 --> 00:51:01,860  
日再服就是可以一天吃两遍，也可以用蜜丸啊  
  
1221  
00:51:01,860 --> 00:51:02,500  
用蜜丸呢  
  
1222  
00:51:02,500 --> 00:51:04,940  
相对来说还能缓和药力能解毒  
  
1223  
00:51:05,730 --> 00:51:08,930  
那么有关，为什么用蜘蛛伞啊  
  
1224  
00:51:09,010 --> 00:51:10,410  
同学们，我们呢  
  
1225  
00:51:10,570 --> 00:51:12,210  
稍事休息10分钟  
  
1226  
00:51:13,270 --> 00:51:16,270  
下呃，下节课我们继续给大家讲啊  
  
1227  
00:51:16,510 --> 00:51:17,030  
下课吧